

## Clubs & Societies | Code of Safe Practice Self-Evaluation & Action Plan Template 24/25

The Code of Safe Practice is a self-evaluation template and action plan that outlines how your Club/Society will manage your activities to ensure the safety and wellbeing of members and third parties who may be affected by the activities of the club/society.

Club/Society Committee Officers have a key role to play in this regard and ultimately are responsible for ensuring that the club/society operates in a safe manner. You are responsible for bringing to the attention of all members the contents of this document, and for ensuring that in so far as is practicable all members adhere to the contents. At all times you must operate to any safety guidelines as laid down by your National Governing Body of Sport or Organisation. If guidelines exist they must be appended to this document.

The Code of Safe Practice must be reviewed and uploaded to the online management system on an annual basis to ensure that the contents are still relevant to the activities of the club/society. If the club/society is participating in new and additional activities that may have safety implications the officers should draw up a policy to state how the club/society is going to minimise the risk associated with those activities. The receipt of funding from CLC/SLC is contingent on the receipt of an up-to-date Code of Safe Practice.

If you require assistance in the completion of this form please contact:

- **CLUBS**: Yvonne McGowan, Senior Sports Development Officer, Sports & Wellbeing, e-mail <a href="mailto:yvonne.mcgowan@dcu.ie">yvonne.mcgowan@dcu.ie</a>. Tel: 01-700 5811
- SOCIETIES: Siobhan Byrne, Head of Clubs & Societies, Office of Student Life, e-mail siobhan.byrne@dcu.ie, Tel: 01-700 5585
- DCU Health & Safety Office: Paula Hawkins, Health & Safety Advice, e-mail safety@dcu.ie, Tel: 01-700 7034

#### **Club/Society Participation Statement**

The activities undertaken by Dublin City University Clubs and Societies carry an element of risk, including the risk of injury and death. Participants should be aware of and accept these risks and be responsible for their own actions and involvement.

#### **Individual Responsibilities**

- All participants in Club activities are responsible for their own actions and for making their own assessment of risks. If they are unsure about any issue or have any problems, questions or concerns it is the individual's responsibility to raise these with leaders or committee members.
- It is the responsibility of the individual to bring to the attention of any trip/activity leaders any known medical condition or previous injuries that may affect their or other Club member's safe participation in canoeing activities.
- Members are encouraged to seek further training at every opportunity.
- It is the responsibility of the individual to report any damage, loss or failure of club equipment to their Club's Equipment Officer. There should be adequate notices around club storage to ensure that this procedure is followed at all times.
- It is the responsibility of the Parent or Guardian of members under 18 to read and sign a membership form on behalf of the member before any activity can take place. The form is: Sample application form Junior Members' available at <a href="https://www.dcu.ie/sports-wellbeing">www.dcu.ie/sports-wellbeing</a>

CLUB/SOCIETY DETAILS	Information
Club/Society name:	BAME Law and Government
Date this Code of Safe Practice Completed:	01/04/2025
Version Reference:	4.0
Outline the main activities undertaken by your club/soc:	Discussing social and political issues.
	Providing guidance and mentorship to students in law/politics related courses (or
	those with a general interest for national/international law and politics) from
	underrepresented minority groups.
	Facilitating guest speakers.
Name of person(s) completing this form:	Fionna Vergel and Emmanuella Okolo
Confirm the name(s) of the officer responsible for disseminating the Safe Code of Practice to members:	Fionna Vergel

Confirm the officer responsible for reporting all accidents to the DCU Health & Safety Officer, e-mail <a href="mailto:safety@dcu.ie">safety@dcu.ie</a> :	Fionna Vergel	
Have you uploaded a copy of your club or society constitution?	Yes	
Please indicate if your club/soc is familiar with: DCU Clubs & Socs 'Keeping it Safe' guidance document available at: <a href="https://sites.google.com/dcu.ie/dcuclubssocsoperationsmanual20/keeping-it-safe">https://sites.google.com/dcu.ie/dcuclubssocsoperationsmanual20/keeping-it-safe</a> Is there a National Governing Body (NGB) for your Sport/Society:  No		
If Yes please provide full name of NGB and website:  Does your NGB have a Safety Code:  If Yes please attach a copy to this code or provide a web link to the police.	Not Applicable cy:	
Does your club/society comply with this NGB Safety code?	Not applicable	
Do you have a copy of codes of practice or regulations for facilities that you use regularly?	Not applicable	

INSURANCE	Information
Does your <b>NGB</b> require you to take insurance? If yes please give	No
details and attach a copy of the policy.	
Indicate how you have made your members aware of the <b>DCU</b>	Provided information via our social media pages and our newsletter
Students' Personal Accident and insurance cover? Please note the	
limitations of this policy and the exclusions that apply, see <a href="DCU">DCU</a> <a href="Insurance Policy 2022">Insurance Policy 2022</a>	
Is your Club/Soc using an external venue for hosting a DCU event? If yes have you notified Clubs & Socs or DCU Sports & Wellbeing so as	No
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<b>DCU's Public liability insurance</b> can be extended to this venue if	
required?	

Is your Club/Soc planning to host a major event on or off campus this	Yes
year? If yes have you notified the Clubs & Socs or DCU Sports &	
Wellbeing So as <b>DCU's Public liability insurance</b> can be reviewed?	
Does your club/soc have the appropriate <b>Equipment Insurance</b> to	No
protect your equipment in the event of fire and theft? If yes please	
provide details.	
Are you planning any <b>overseas trips</b> ? If so, provide details of travel	No
Insurance you have in place for this trip.	
Do your Coaches/Instructors have their own Professional Indemnity	No
Insurance? If yes please attach a copy.	

TRAINING & COMPETENCIES	Information
Have your committee members attended the DCU Event Management/ Health & Safety Workshop and the Incident Management workshop? Please indicate the name(s) of Officers who attended.	No
Please indicate if your committee and coaches have held a briefing session on training, instruction and health and safety applicable to their activity/facility.	Not Applicable
Please indicate the names and qualifications of coaches/instructors and indicate whether relevant certificates verifying qualifications and insurance has been received.	Not Applicable
Please list any competency tests for new / existing members conducted by the club/society. This could be in the form of an induction, accreditation, course or test.	Not Applicable

EQUIPMENT	Information
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Types Of Equipment: Indicate the various types/categories of	Not Applicable
	Not Applicable
equipment that the club uses and/or submit an equipment log.	No. A. P. L.
Usage of Equipment: indicate how members are trained as necessary	Not Applicable
in the safe use of all equipment supplied to them	
<b>Equipment Log:</b> who is responsible for maintaining a register of	Not Applicable
equipment to include purchase dates, price etc	
Checking Equipment before use: Is equipment subject to a visual or	Not Applicable
written inspection for defects before use? Who is responsible?	
Storing Equipment, detail how and where equipment is stored,	Not Applicable
and/or transported.	
Maintenance of Equipment as per manufacturers or NGB guidelines:	Not Applicable
State the name of the Officers with responsibility for equipment	
maintenance and regular safety checks.	
Damaged/Unwanted equipment/Disposal of equipment: State your	Not Applicable
policy for damaged or unsafe equipment and disposal of old	
equipment.	
Hire of Equipment: Do you plan to hire equipment for use on campus	Not Applicable
where there is a high risk of a potential injury/accident? If so,	Not Applicable
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provide details. Note: Permission must be obtained from the Estates	
Office and the Health and Safety Office and/or a permit to work	
issued. Form is available at <u>www.dcu.ie/estates/contractors.shtml</u>	
Loaning Equipment: Please outline your policy on loaning equipment	Not Applicable
to club members; please include details of the club officer responsible	
for overseeing policy; records of loaned equipment; criteria for	
borrowing equipment, etc.	

FIRST AID	Information
High Risk Sports clubs must have at least one occupationally trained	Not Applicable
first aider. Please indicate if you are amongst this list and if you have a	
nominated first aider(s). List of High Risk Sports clubs is available	
from Keeping it Safe guidelines at <a href="https://www.dcu.ie/sports-wellbeing">www.dcu.ie/sports-wellbeing</a>	

Please indicate the committee members that have attended the	No, committee members will attend when this is hosted
Casualty Management workshop held early in Semester 1.	
If you are involved in an adventure sport you must have at least one	Not Applicable
member trained in Rescue and Emergency Care (REC). Indicate the	
names of the trained members and if they hold a REC 2 or REC 3.	
Does your club/soc have designated Athletic Therapy & Training	Not Applicable
students? If so please state names and a summary of when they	
provide services.	
Please indicate the committee member that is responsible for	Fionna Vergel
ensuring that the club has a fully stocked first aid kit. Please note First	
Aid supplies are fully funded by the CLC/SLC. Please contact Clubs &	
Socs or DCU Sports & Wellbeing for first aid supplies.	
Indicate the committee members who will complete the DCU	Fionna Vergel and Emmanuella Okolo
Injury/Incident Report Form for accidents and near-misses available at	
https://www.dcu.ie/safety/incident_near_report_form.shtml	
If you are hosting a major event First Aid Provision must be arranged.	The member of our committee who is responsible for providing the first aid kit will
Please provide details of provision for events if applicable.	bring it to events with them and present it to members who may need it in an
ricuse provide details of provision for events if applicable.	emergency.

RISK ASSESSMENT	Information
Are Risk Assessments undertaken for all club/soc activities? If Yes please list the date of last risk assessment and please attach a copy (see template at end of this document)	Yes 01/04/2025
Are Risk Assessments recorded and regularly reviewed? Please indicate how often risk assessments are reviewed.	Monthly
Please indicate which committee member is responsible for carrying out risk assessments for regular/new/once off club/society activity.	Fionna Vergel
Are Dynamic Risk Assessments carried out for trips and events and recorded? (see guidance at the end of this document)	Yes
CLUB/SOCIETY SPECIFIC HEALTH & SAFETY INFORMATION	Information

Clubs/Societies should include any other area related to Health and Safety for their activity that requires action (e.g. National Governing Body or organisations Safety Code etc)	Not Applicable
H&S CONCERNS PROCEDURE	Information
Please detail your procedures for members to identify concerns regarding Health and Safety during activities.	Possible risks are identified in event planning and are then passed on to members at the start of the event or via email.

TRIPS Checklist	Information
	You are required to do a trip specific risk assessment / checklist for all individual trips
Trip Leaders: do leaders have the necessary knowledge, experience	
and qualifications, where appropriate to lead a trip	
<b>Insurance:</b> Is all appropriate travel insurance for the group in place?	
Risk Assessment: for all activities should be undertaken and all	
possible control measures put in place	
<b>Dynamic Risk Assessment:</b> on the day of the activity should be	
undertaken and should consider the local environment, weather,	
leaders, opposition level etc (see guidance at the end of this	
document)	
Safezone App: Have you identified and set up the Safezone App? To	
find out more about setting up and using the app check the	
instructions at https://www.dcu.ie/ocoo/safezoneatdcu.shtml	
<b>Contingency Plans:</b> for reasonably foreseeable emergencies should be	
made.	
Beginners/Novice to Leader ratios: Ensure that this ratio is	
appropriate for the trip in question.	
Itinerary: A full trip itinerary should be prepared and circulated to all	
members.	
<b>Travel:</b> How the party will move between the relevant locations and	
who will be driving the vehicles.	

Trip Registration & Activity form: detailing date of the event,	
location, accommodation, transport, and the names and ID numbers	
of students participating in the trip. The trip Leader must ensure that	
1 copy of this form is uploaded to the online management system and	
1 copy is taken on the trip.	
<b>Social:</b> You should advise your members on the following:	
Where parties can safely go and when	
What behaviour is acceptable	
A minimum number of people in a group	
<b>Equipment:</b> This needs to be in proper working order and should be	
frequently checked throughout the trip	
First Aid: You should ensure you have the appropriate first aiders	
available and the correct First Aid equipment and an accident	
reporting procedure.	

EMERGENCY PROCEDURE	Information
Please detail your Clubs/Socs procedures to be followed in an emergency. For tips see 'Keeping it Safe' available at <a href="https://sites.google.com/dcu.ie/dcuclubssocsoperationsmanual20/keeping-it-safe">https://sites.google.com/dcu.ie/dcuclubssocsoperationsmanual20/keeping-it-safe</a>	Emergency Procedure  For all the planning and preparation, there still exists the possibility of emergencies occurring. All Accident and Incidents must be reported via the online report form on the DCU Health and Safety Website or via the DCU Accidents Report Form and sent to the DCU Health & Safety Office.
An Emergency procedure for your club/soc is listed below. Please provide details of how this is communicated to your members and also any additional actions that your club/soc does in an emergency	<ul> <li>In the event of an emergency, please follow carefully the guidelines as detailed below</li> <li>Stop and think. Assess the situation. Stay calm.</li> <li>Ensure that the group is safe and accounted for.</li> <li>Are there any hazards present that may affect the group?</li> <li>Attend any casualties if it is safe to do so.</li> <li>Give first aid within the group's capabilities.</li> <li>Get expert help if required.</li> <li>Get/ give any third party/ witness/insurance details if necessary.</li> <li>Gather the information required by the Emergency Services:</li> </ul>

CHILD PROTECTION POLICY	<ul> <li>Number of people injured</li> <li>Locations of group members</li> <li>Medical condition of the group.</li> <li>First Aid given</li> <li>Age(s) of group members</li> <li>Time of accident</li> <li>Equipment available to group</li> <li>Cooperate fully with the Emergency Services.</li> <li>Someone from the group accompanied the casualties to hospital.</li> <li>In the event of a serious accident/incident contact DCU Security on 700-5999         <ul> <li>(available 24 hours).</li> </ul> </li> <li>Refer all media contact to Siobhán Byrne, Head of Clubs and Socs, and give no comment.</li> </ul>
Have you members under the age of 18? If so your coach must complete a 'Volunteer/Coach Application form for those with substantial access to children', available at	No
I www.dcu.ie/sports-wellheing	
www.dcu.ie/sports-wellbeing  Where members are under the age of 18 their parents should complete the 'Application form for new junior members', available at www.dcu.ie/sports-wellbeing	
Where members are under the age of 18 their parents should complete the 'Application form for new junior members', available at	Yes. Not Applicable

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GUIDELINES FOR BEHAVIOUR	Information
Please list guidelines for behaviour that the club adheres to. These	DCU Alcohol Policy
can be formal University, Facility or Club rules and regulations The	DCU Respect and Dignity Policy
following University documents may be useful:	
DCU Alcohol Policy, <a href="https://www.dcu.ie/students/az/alcohol-policy">https://www.dcu.ie/students/az/alcohol-policy</a>	
DCU Respect & Dignity Policy, <a href="https://www.dcu.ie/advice/respect-dignity">https://www.dcu.ie/advice/respect-dignity</a>	
Student Sport Ireland Guidelines for Hosting an Intervarsity event,	
www.studentsport.ie/wp-content/uploads/2011/09/SSI-GUIDELINES-	
FOR-HOSTING-AN-INTERCOLLEGIATE-EVENT-2014-2015.pdf	

DISCIPLINARY PROCEDURE	Information
Please detail how you will deal with breaches of the code of conduct.	Refer to the DCU Respect and Dignity Procedures

CLUB OFFICERS	Information
Provide a summary of Officers roles and responsibilities, highlighting	Fionna Vergel and Emmanuella Okolo are the two Health and safety officers who are
those specifically relating to health and safety. Who members should	responsible for the dynamic risk assessment during events. If any concerns are to
contact etc. For guidance see the Clubs & Socs Handbook at	arise, they record them and alert the appropriate people as per the DCU Guidelines.
www.dcu.ie/sports-wellbeing	





# **Code of Safe Practice Action list**

Club/Society: BAME Law and Government Date: 01/04/2025

AREA	ACTION Required (if any)	Lead Person	Target Date
CLUB DETAILS & RESOURCES		Fionna Vergel	01/04/2025
INSURANCE		Emmanuella Okolo	01/04/2025
TRAINING & COMPETENCIES		Fionna Vergel	01/04/2025
EQUIPMENT		Emmanuella Okolo	01/04/2025
FIRST AID		Fionna Vergel	01/04/2025
TRIPS		Emmanuella Okolo	01/04/2025
RISK ASSESSMENT		Fionna Vergel	01/04/2025
EMERGENCY PROCEDURE		Emmanuella Okolo	01/04/2025
CHILD PROTECTION POLICY		Fionna Vergel	01/04/2025
GUIDELINES FOR BEHAVIOUR		Emmanuella Okolo	01/04/2025
COMPLAINTS PROCEDURE		Fionna Vergel	01/04/2025

DISCIPLINARY PROCEDURE	Emmanuella Okolo	01/04/2025
CLUB OFFICERS	Fionna Vergel	01/04/2025
OTHER		
OTHER		
OTHER		

#### **DCU Clubs / Socs Activity Risk Assessment Template**

Outline of hazards associated with club/society activities and measures the club/society takes or will take to minimize risk of injury to members or third parties

Hazard / Activity with potential to cause injury	Controls Already in Place (what actions /procedures are you already doing to minimise possibility of injury)	Risk Category (High/Medium/Low) (considering the actions / procedures you already have in place)	Further Controls Being Implemented To Reduce Risk (eg First Aid / area to be inspected prior to start Require equipment test certs etc)	Date to be Completed Can be – 1 on the day 2 every time the equipment is taken out 3 Nov xx <sup>th</sup> (If a once off task) etc

## Dynamic Risk Assessment – on the day / by the hour!

#### **Outdoor Activities**

### **Trip Away / Night Out**

Р	Previous weather and/or water conditions Ground conditions (wet / dry / frozen / flooded / landslide etc) Wind / storm etc (could wind etc have caused damage – powerlines, trees etc) River/Sea conditions (Flood, abnormally low etc)	Previous knowledge of country/city/area Culture / traditions / local customs / behavioural norms / acceptable dress / emergency services contact details etc
L	Local knowledge Particularly dangerous river sections/walk sections / cliffs / areas / local weather conditions	Local knowledge (personal safety) Unsafe areas, clubs/pubs/ getting help/ what to look out for / public transport options etc
0	Observation What is currently happening? – raining/snowing/ thunder clouds/ hot sun. Remain alert for changing conditions – be prepared to change plans/curtail activities based on changing conditions	Observation Stay alert – keep an eye on unfolding events. At least two people (Club/Society Officers) should remain sober and alert when on a trip/night out.
W	Weather Forecast  Get area specific forecast – usually v accurate – weather may arrive a little earlier/later than forecast.	Watch Out for someone becoming detached from group / wandering off / getting into arguments etc
D	Doubt  IF IN DOUBT- DON'T GO OUT! – have a BACK UP Plan (even if it is only card games in the local club/pub!)	Doubt  IF IN DOUBT- GET THEM OUT! – have a BACK UP Plan (even if it is taxis home / back to accommodation)

Document Name	Clubs and Societies Health and Safety Handbook
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