



Clubs & Societies | Code of Safe Practice

Self-Evaluation & Action Plan Template 24/25

The Code of Safe Practice is a self-evaluation template and action plan that outlines how your Club/Society will manage your activities to ensure the safety and wellbeing of members and third parties who may be affected by the activities of the club/society.

Club/Society Committee Officers have a key role to play in this regard and ultimately are responsible for ensuring that the club/society operates in a safe manner. You are responsible for bringing to the attention of all members the contents of this document, and for ensuring that in so far as is practicable all members adhere to the contents. At all times you must operate to any safety guidelines as laid down by your National Governing Body of Sport or Organisation. If guidelines exist they must be appended to this document.

The Code of Safe Practice must be reviewed and uploaded to the online management system on an annual basis to ensure that the contents are still relevant to the activities of the club/ society. If the club/society is participating in new and additional activities that may have safety implications the officers should draw up a policy to state how the club/society is going to minimise the risk associated with those activities. The receipt of funding from CLC/SLC is contingent on the receipt of an up-to-date Code of Safe Practice.

If you require assistance in the completion of this form please contact:

- **CLUBS:** Yvonne McGowan, Senior Sports Development Officer, Sports & Wellbeing, e-mail yvonne.mcgowan@dcu.ie. Tel: 01-700 5811
- **SOCIETIES:** Siobhan Byrne, Head of Clubs & Societies, Office of Student Life, e-mail siobhan.byrne@dcu.ie, Tel: 01-700 5585
- **DCU Health & Safety Office:** Paula Hawkins, Health & Safety Advice, e-mail safety@dcu.ie, Tel: 01-700 7034

Club/Society Participation Statement

The activities undertaken by Dublin City University Clubs and Societies carry an element of risk, including the risk of injury and death. Participants should be aware of and accept these risks and be responsible for their own actions and involvement.

Individual Responsibilities

- All participants in Club activities are responsible for their own actions and for making their own assessment of risks. If they are unsure about any issue or have any problems, questions or concerns it is the individual's responsibility to raise these with leaders or committee members.
- It is the responsibility of the individual to bring to the attention of any trip/activity leaders any known medical condition or previous injuries that may affect their or other Club member's safe participation in canoeing activities.
- Members are encouraged to seek further training at every opportunity.
- It is the responsibility of the individual to report any damage, loss or failure of club equipment to their Club's Equipment Officer. There should be adequate notices around club storage to ensure that this procedure is followed at all times.
- It is the responsibility of the Parent or Guardian of members under 18 to read and sign a membership form on behalf of the member before any activity can take place. The form is : Sample application form Junior Members' available at www.dcu.ie/sports-wellbeing

CLUB/SOCIETY DETAILS	Information
Club/Society name:	DCU Orchestra Society
Date this Code of Safe Practice Completed:	14/09/24
Version Reference:	4.0
Outline the main activities undertaken by your club/soc:	Playing and promoting classical music Playing and promoting Ensemble music Making group playing with classical instruments more accessible Workshops for playing development
Name of person(s) completing this form:	Cormac Ryan
Confirm the name(s) of the officer responsible for disseminating the Safe Code of Practice to members:	Cormac Ryan

Confirm the officer responsible for reporting all accidents to the DCU Health & Safety Officer, e-mail safety@dcu.ie :	Cormac Ryan
Have you uploaded a copy of your club or society constitution?	Yes
Please indicate if your club/soc is familiar with: DCU Clubs & Socs 'Keeping it Safe' guidance document available at: https://sites.google.com/dcu.ie/dcuclubssocsoperationsmanual20/keeping-it-safe	
Is there a National Governing Body (NGB) for your Sport/Society:	Yes / No
If Yes please provide full name of NGB and website:	
Does your NGB have a Safety Code:	Yes / No
If Yes please attach a copy to this code or provide a web link to the policy:	
Does your club/society comply with this NGB Safety code?	Yes / No / Not applicable
Do you have a copy of codes of practice or regulations for facilities that you use regularly?	Yes / No / Not applicable

INSURANCE	Information
Does your NGB require you to take insurance? If yes please give details and attach a copy of the policy.	No
Indicate how you have made your members aware of the DCU Students' Personal Accident and insurance cover? Please note the limitations of this policy and the exclusions that apply, see DCU Insurance Policy 2022	Attached as a note to emails, In any powerpoints used to present During the AGM and EGM Also mentioned at events where there are new members present / after long breaks (ie. After Christmas / summer)
Is your Club/Soc using an external venue for hosting a DCU event? If yes have you notified Clubs & Socs or DCU Sports & Wellbeing so as DCU's Public liability insurance can be extended to this venue if required?	Not currently however if a performance is to occur in one Clubs & Socs or DCU Sports & Wellbeing will be notified as soon as possible and we will also perform a check ourselves in person of the venue before attempting to solidify a booking

Is your Club/Soc planning to host a major event on or off campus this year? If yes have you notified the Clubs & Socs or DCU Sports & Wellbeing So as DCU's Public liability insurance can be reviewed?	Currently there are no plans however due to the nature of the society that is subject to change and in the event of an off campus event occurring notice will be given as soon as possible
Does your club/soc have the appropriate Equipment Insurance to protect your equipment in the event of fire and theft? If yes please provide details.	Equipment is owned privately by the members and as in accordance with the vast majority of other orchestras all instruments are to be insured by the members themselves
Are you planning any overseas trips ? If so, provide details of travel Insurance you have in place for this trip.	Currently no trips planned
Do your Coaches/Instructors have their own Professional Indemnity Insurance? If yes please attach a copy.	Yes / No - Note: This is for instrument insurance which is usually covered under house insurance and is paid for by the instructors themselves (or in this case conductors)

TRAINING & COMPETENCIES	Information
Have your committee members attended the DCU Event Management/ Health & Safety Workshop and the Incident Management workshop? Please indicate the name(s) of Officers who attended.	Committee rolls still have to be finalised and the appropriate members will attend the workshops
Please indicate if your committee and coaches have held a briefing session on training, instruction and health and safety applicable to their activity/facility.	Not applicable – any safety notices are as mentioned in the risk assessment and are mentioned at each event
Please indicate the names and qualifications of coaches/instructors and indicate whether relevant certificates verifying qualifications and insurance has been received.	Not applicable
Please list any competency tests for new / existing members conducted by the club/society. This could be in the form of an induction, accreditation, course or test.	This is not necessary for the activities being performed

EQUIPMENT	Information
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Types Of Equipment: Indicate the various types/categories of equipment that the club uses and/or submit an equipment log.	Musical instruments, Music stands, lighting where required
Usage of Equipment: indicate how members are trained as necessary in the safe use of all equipment supplied to them	Not applicable
Equipment Log: who is responsible for maintaining a register of equipment to include purchase dates, price etc	Not applicable, individual responsibility for your own instrument
Checking Equipment before use: Is equipment subject to a visual or written inspection for defects before use? Who is responsible?	Not applicable: (if equipment needs to be checked before a live performance it is to be checked by the members themselves and if issues arise it can be brought to either the chair or conductor to reach a solution)
Storing Equipment, detail how and where equipment is stored, and/or transported.	Not applicable
Maintenance of Equipment as per manufacturers or NGB guidelines: State the name of the Officers with responsibility for equipment maintenance and regular safety checks.	Not applicable
Damaged/Unwanted equipment/Disposal of equipment: State your policy for damaged or unsafe equipment and disposal of old equipment.	Not applicable
Hire of Equipment: Do you plan to hire equipment for use on campus where there is a high risk of a potential injury/accident? If so, provide details. Note: Permission must be obtained from the Estates Office and the Health and Safety Office and/or a permit to work issued. Form is available at www.dcu.ie/estates/contractors.shtml	No, whilst the hire of equipment may be required for certain situations there would be nothing with risk of potential injury / accident.
Loaning Equipment: Please outline your policy on loaning equipment to club members; please include details of the club officer responsible for overseeing policy; records of loaned equipment; criteria for borrowing equipment, etc.	Not applicable as equipment is to be brought by the member and is at their own risk

FIRST AID	Information
High Risk Sports clubs must have at least one occupationally trained first aider. Please indicate if you are amongst this list and if you have a	Not applicable

nominated first aider(s). List of High Risk Sports clubs is available from Keeping it Safe guidelines at www.dcu.ie/sports-wellbeing	
Please indicate the committee members that have attended the Casualty Management workshop held early in Semester 1.	Not applicable
If you are involved in an adventure sport you must have at least one member trained in Rescue and Emergency Care (REC). Indicate the names of the trained members and if they hold a REC 2 or REC 3.	Not applicable
Does your club/soc have designated Athletic Therapy & Training students? If so please state names and a summary of when they provide services.	Not applicable
Please indicate the committee member that is responsible for ensuring that the club has a fully stocked first aid kit. Please note First Aid supplies are fully funded by the CLC/SLC. Please contact Clubs & Socs or DCU Sports & Wellbeing for first aid supplies.	Not applicable
Indicate the committee members who will complete the DCU Injury/Incident Report Form for accidents and near-misses available at https://www.dcu.ie/safety/incident_near_report_form.shtml	Cormac Ryan
If you are hosting a major event First Aid Provision must be arranged. Please provide details of provision for events if applicable.	Venues typically have their own first aid provision however if not due to past performing connections their can be one obtained for the event along with the required personal or a trained committee member.

RISK ASSESSMENT	Information
Are Risk Assessments undertaken for all club/soc activities? If Yes please list the date of last risk assessment and please attach a copy (see template at end of this document)	Yes
Are Risk Assessments recorded and regularly reviewed? Please indicate how often risk assessments are reviewed.	Yes, they are conducted per event
Please indicate which committee member is responsible for carrying out risk assessments for regular/new/once off club/society activity.	Chairperson – Cormac Ryan (in absence the conductor alongside another core committee member)
Are Dynamic Risk Assessments carried out for trips and events and recorded? (see guidance at the end of this document)	Yes

CLUB/SOCIETY SPECIFIC HEALTH & SAFETY INFORMATION	Information
Clubs/Societies should include any other area related to Health and Safety for their activity that requires action (e.g. National Governing Body or organisations Safety Code etc)	Not Applicable
H&S CONCERNS PROCEDURE	Information
Please detail your procedures for members to identify concerns regarding Health and Safety during activities.	Any concerns should be directed towards Committee members first to be dealt with and second brought to members with the longest tenure

TRIPS Checklist	Information
	<i>You are required to do a trip specific risk assessment / checklist for all individual trips</i>
Trip Leaders: do leaders have the necessary knowledge, experience and qualifications, where appropriate to lead a trip	Yes
Insurance: Is all appropriate travel insurance for the group in place?	Yes – to be sorted individually as only electronic insurance should be necessary
Risk Assessment: for all activities should be undertaken and all possible control measures put in place	Yes, all activities will have an attached risk assessment and an itinerary attached
Dynamic Risk Assessment: on the day of the activity should be undertaken and should consider the local environment, weather, leaders, opposition level etc (see guidance at the end of this document)	Not applicable as activities should be indoors
Safezone App: Have you identified and set up the Safezone App? To find out more about setting up and using the app check the instructions at https://www.dcu.ie/ocoo/safezoneatdcu.shtml	Not applicable
Contingency Plans: for reasonably foreseeable emergencies should be made.	Accounted for in accordance with CBO
Beginners/Novice to Leader ratios: Ensure that this ratio is appropriate for the trip in question.	Ration is appropriate, at least a 1:5 leaders to “novices”
Itinerary: A full trip itinerary should be prepared and circulated to all members.	Will be attached and fully planned

Travel: How the party will move between the relevant locations and who will be driving the vehicles.	To be determined in event plans
Trip Registration & Activity form: detailing date of the event, location, accommodation, transport, and the names and ID numbers of students participating in the trip. The trip Leader must ensure that 1 copy of this form is uploaded to the online management system and 1 copy is taken on the trip.	Will be done once event is planned
Social: You should advise your members on the following: <ul style="list-style-type: none"> • Where parties can safely go and when • What behaviour is acceptable • A minimum number of people in a group 	<p>Minimum numbers of 5 per group and the area will be advised upon by people who have been there before with previous orchestras.</p> <p>Acceptable behaviour will be outlined in the meetings before any events and will also be highlighted in submitted forms (eg, rooms to be kept gender separate and as close in age as possible)</p>
Equipment: This needs to be in proper working order and should be frequently checked throughout the trip	Not applicable for these events
First Aid: You should ensure you have the appropriate first aiders available and the correct First Aid equipment and an accident reporting procedure.	Available members with first aid training

EMERGENCY PROCEDURE	Information
<p>Please detail your Clubs/Socs procedures to be followed in an emergency. For tips see 'Keeping it Safe' available at https://sites.google.com/dcu.ie/dcuclubssocsoperationsmanual20/keeping-it-safe</p> <p>An Emergency procedure for your club/soc is listed below. Please provide details of how this is communicated to your members and also any additional actions that your club/soc does in an emergency</p>	<p>Emergency Procedure</p> <p>For all the planning and preparation, there still exists the possibility of emergencies occurring. All Accident and Incidents must be reported via the online report form on the DCU Health and Safety Website or via the DCU Accidents Report Form and sent to the DCU Health & Safety Office.</p> <p>In the event of an emergency, please follow carefully the guidelines as detailed below</p> <ul style="list-style-type: none"> <input type="checkbox"/> Stop and think. Assess the situation. Stay calm. <input type="checkbox"/> Ensure that the group is safe and accounted for. <input type="checkbox"/> Are there any hazards present that may affect the group? <input type="checkbox"/> Attend any casualties if it is safe to do so.

	<ul style="list-style-type: none"> <input type="checkbox"/> Give first aid within the group's capabilities. <input type="checkbox"/> Get expert help if required. <input type="checkbox"/> Get/ give any third party/ witness/insurance details if necessary. <input type="checkbox"/> Gather the information required by the Emergency Services: <ul style="list-style-type: none"> <input type="checkbox"/> Name(s) of group members <input type="checkbox"/> Number of people injured <input type="checkbox"/> Locations of group members <input type="checkbox"/> Medical condition of the group. <input type="checkbox"/> First Aid given <input type="checkbox"/> Age(s) of group members <input type="checkbox"/> Time of accident <input type="checkbox"/> Equipment available to group <input type="checkbox"/> Cooperate fully with the Emergency Services. <input type="checkbox"/> Someone from the group accompanied the casualties to hospital. <input type="checkbox"/> In the event of a serious accident/incident contact DCU Security on 700-5999 (available 24 hours). <input type="checkbox"/> Refer all media contact to Siobhán Byrne, Head of Clubs and Socs, and give no comment.
CHILD PROTECTION POLICY	Information
Have you members under the age of 18? If so your coach must complete a 'Volunteer/Coach Application form for those with substantial access to children', available at www.dcu.ie/sports-wellbeing	No
Where members are under the age of 18 their parents should complete the 'Application form for new junior members', available at www.dcu.ie/sports-wellbeing	Not applicable
Are you aware of the Sports Ireland guidance on developing good practice for safeguarding children, through their 'Code of Ethics and Good Practice for Children's Sport in Ireland, available at https://www.sportireland.ie/Participation/Code_of_Ethics/	Not applicable

Are you aware of your NGB information or recommendations in relation to good practice for safeguarding children?	Not applicable
Are you aware of the DCU child protection policy 'Keeping Children Safe, Policies and Procedures supporting Child Protection at DCU available at https://www.dcu.ie/advice/respect-dignity	Yes

GUIDELINES FOR BEHAVIOUR	Information
<p>Please list guidelines for behaviour that the club adheres to. These can be formal University, Facility or Club rules and regulations The following University documents may be useful:</p> <p>DCU Alcohol Policy, https://www.dcu.ie/students/az/alcohol-policy</p> <p>DCU Respect & Dignity Policy, https://www.dcu.ie/advice/respect-dignity</p> <p>Student Sport Ireland Guidelines for Hosting an Intervarsity event, www.studentsport.ie/wp-content/uploads/2011/09/SSI-GUIDELINES-FOR-HOSTING-AN-INTERCOLLEGIATE-EVENT-2014-2015.pdf</p>	<p>We adhere to the DCU Respect and Dignity Policy and regulations and individual common sense as to what is acceptable behaviour and respect towards each other and themselves.</p> <p>There will also be an option of suspending members from performances for what is deemed inappropriate behaviour.</p>

DISCIPLINARY PROCEDURE	Information
Please detail how you will deal with breaches of the code of conduct.	Suspension from performances for minor infringements and for major breaches either suspension or removal from the society. Breaches are to be taken very seriously and even minor infringements should not go unnoticed.

CLUB OFFICERS	Information
Provide a summary of Officers roles and responsibilities, highlighting those specifically relating to health and safety. Who members should contact etc. For guidance see the Clubs & Socs Handbook at www.dcu.ie/sports-wellbeing	The health and safety officer will be responsible for ensuring the safety of the members through risk assessments and ensuring a sense of responsibility. The events officer, who will foresee any events and practice sessions, along with the chairperson can take over the responsibility of health and safety as well.

	The Chair will overview where possible and ordinary members will be trained to step in in the absence of the events or health and safety officers.
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Code of Safe Practice Action list



Club/Society: Orchestra Society

Date: 14/09/24

AREA	ACTION Required (if any)	Lead Person	Target Date
CLUB DETAILS & RESOURCES	Through social media and the Clubs and Socs website	Cormac Ryan	
INSURANCE	We will notify in case of an external event	Cormac Ryan	
TRAINING & COMPETENCIES	Not Applicable	Cormac Ryan	
EQUIPMENT	Not Applicable	Cormac Ryan	
FIRST AID	Will be requested from SLC if needed however should be provided and accounted for in most situations	Cormac Ryan	
TRIPS	TBC once committee is finalised in next meeting	Cormac Ryan	
RISK ASSESSMENT	Currently up to date and will be reviewed event by event	Cormac Ryan	

EMERGENCY PROCEDURE		Cormac Ryan	
CHILD PROTECTION POLICY	Not Applicable		
GUIDELINES FOR BEHAVIOUR	Communicated and updated regularly	Cormac Ryan	
COMPLAINTS PROCEDURE	Communicated directly to chairperson, committee members or if too urgent to wait members with longest tenure	Cormac Ryan	
DISCIPLINARY PROCEDURE	One warning, suspension from performances then suspension from society then removal from society	Cormac Ryan	
CLUB OFFICERS	N/A		
OTHER			
OTHER			
OTHER			

DCU Clubs / Socs Activity Risk Assessment Template

Outline of hazards associated with club/society activities and measures the club/society takes or will take to minimize risk of injury to members or third parties

Hazard / Activity <i>with potential to cause injury</i>	Controls Already in Place <i>(what actions /procedures are you already doing to minimize possibility of injury)</i>	Risk Category (High/Medium/Low) <i>(considering the actions / procedures you already have in place)</i>	Further Controls Being Implemented To Reduce Risk <i>(eg First Aid / area to be inspected prior to start Require equipment test certs etc)</i>	Date to be Completed <i>Online Management System Roll Over</i>
Tripping over cables	Taping down the cables to keep them as low profile as possible	Low	Highlighter / coloured tape for walking areas to try and set a guide path away from tripping hazards	Every event / 23/09/24 onwards
Accidental collisions	Premapped seating to ensure elbows, bows, instrumnets etc. don't hit other people in the area As well as adequately sized rooms being booked	Low	Shared stands for grouping (if people have the same dominant hand grouping is fine since they match), making sure the instrument layout is set up to give the most space	Already in palce
Tripping over stands / instruments	Instruments are to be in their cases in designated zones / to the edge of the room during breaks to stop clutter and chairs will be organised in their rows to allow people to walk in and out past the stands without issue	Low	None required beyond what is already in place	N/A
Events				
Rehearsals and Meetings	Rooms will be inspected by committee members before the event to ensure that they meet the requirements for the event whether	Low		

	that is space and adequate seating for rehearsals or making sure meeting rooms have adequate ventilation and lack of tripping hazards			
Shows / performances	These will have to be assessed per venue for any performances however the three initial Hazards will be the main things looked at followed by checking lighting and sound to make sure there won't be damage to either sight or hearing	Low	Personal checks with both the Chair and Conductor being present as they have prior performing experience A safety officer will also be appointed at the first meeting of the year and briefed on everything to look for at events	ASAP

For guidance and more information please refer to <https://sites.google.com/dcu.ie/dcuclubssocsoperationsmanual20/risk-assessment>


Dynamic Risk Assessment – on the day / by the hour!

Outdoor Activities

Trip Away / Night Out

P	Previous weather and/or water conditions Ground conditions (wet / dry / frozen / flooded / landslide etc) Wind / storm etc (could wind etc have caused damage – powerlines, trees etc) River/Sea conditions (Flood, abnormally low etc)	Previous knowledge of country/city/area Culture / traditions / local customs / behavioural norms / acceptable dress / emergency services contact details etc
	Local knowledge	Local knowledge (personal safety)

L	Particularly dangerous river sections/walk sections / cliffs / areas / local weather conditions	Unsafe areas, clubs/pubs/ getting help/ what to look out for / public transport options etc
O	Observation What is currently happening? – raining/snowing/ thunder clouds/ hot sun. Remain alert for changing conditions – be prepared to change plans/curtail activities based on changing conditions	Observation Stay alert – keep an eye on unfolding events. At least two people (Club/Society Officers) should remain sober and alert when on a trip/night out.
W	Weather Forecast Get area specific forecast – usually v accurate – weather may arrive a little earlier/later than forecast.	Watch Out for someone becoming detached from group / wandering off / getting into arguments etc
D	Doubt IF IN DOUBT- DON'T GO OUT! – have a BACK UP Plan (even if it is only card games in the local club/pub!)	Doubt IF IN DOUBT- GET THEM OUT! – have a BACK UP Plan (even if it is taxis home / back to accommodation)

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