

# Clubs & Societies | Code of Safe Practice Self-Evaluation & Action Plan 24/25

The Code of Safe Practice is a self-evaluation template and action plan that outlines how your Club/Society will manage your activities to ensure the safety and wellbeing of members and third parties who may be affected by the activities of the club/society.

Club/Society Committee Officers have a key role to play in this regard and ultimately are responsible for ensuring that the club/society operates in a safe manner. You are responsible for bringing to the attention of all members the contents of this document, and for ensuring that in so far as is practicable all members adhere to the contents. At all times you must operate to any safety guidelines as laid down by your National Governing Body of Sport or Organisation. If guidelines exist they must be appended to this document.

The Code of Safe Practice must be reviewed and uploaded to the online management system on an annual basis to ensure that the contents are still relevant to the activities of the club/society. If the club/society is participating in new and additional activities that may have safety implications the officers should draw up a policy to state how the club/society is going to minimise the risk associated with those activities. The receipt of funding from CLC/SLC is contingent on the receipt of an up-to-date Code of Safe Practice.

If you require assistance in the completion of this form please contact:

- **CLUBS**: Yvonne McGowan, Senior Sports Development Officer, Sports & Wellbeing, e-mail <a href="mailto:yvonne.mcgowan@dcu.ie">yvonne.mcgowan@dcu.ie</a>. Tel: 01-700 5811
- SOCIETIES: Siobhan Byrne, Head of Clubs & Societies, Office of Student Life, e-mail siobhan.byrne@dcu.ie, Tel: 01-700 5585
- DCU Health & Safety Office: Paula Hawkins, Health & Safety Advice, e-mail safety@dcu.ie, Tel: 01-700 7034

#### **Club/Society Participation Statement**

The activities undertaken by Dublin City University Clubs and Societies carry an element of risk, including the risk of injury and death. Participants should be aware of and accept these risks and be responsible for their own actions and involvement.

#### **Individual Responsibilities**

- All participants in Club activities are responsible for their own actions and for making their own assessment of risks. If they are unsure about any issue or have any problems, questions or concerns it is the individual's responsibility to raise these with leaders or committee members.
- It is the responsibility of the individual to bring to the attention of any trip/activity leaders any known medical condition or previous injuries that may affect their or other Club member's safe participation in canoeing activities.
- Members are encouraged to seek further training at every opportunity.
- It is the responsibility of the individual to report any damage, loss or failure of club equipment to their Club's Equipment Officer. There should be adequate notices around club storage to ensure that this procedure is followed at all times.
- It is the responsibility of the Parent or Guardian of members under 18 to read and sign a membership form on behalf of the member before any activity can take place. The form is: Sample application form Junior Members' available at <a href="https://www.dcu.ie/sports-wellbeing">www.dcu.ie/sports-wellbeing</a>

CLUB/SOCIETY DETAILS	Information
Club/Society name:	Believers Loveworld Society
Date this Code of Safe Practice Completed:	16/09/2024
Version Reference:	2023
Outline the main activities undertaken by your club/soc:	<ul> <li>Get Acquainted - A fun session with icebreakers and team-building activities to introduce members and outline the semester's plan.</li> <li>Success Motivation - A motivational session on achieving academic and personal goals, featuring speakers or peer sharing.</li> <li>Make a Joyful Noise V2 - A lively worship night featuring music, dance, and praise, encouraging creative expressions of worship.</li> <li>A discussion on trends in today's society and how to be different from the "norm"</li> <li>Book Discussion - we are going to be reviewing the book "Rhapsody of Realities"</li> </ul>

	<ul> <li>Testimony Night – A night where students can share stories what inspired, touched and saved them.</li> </ul>	
	Singing/Dancing	
Name of person(s) completing this form:	Emmanuela Igiba	
Confirm the name(s) of the officer responsible for disseminating the Safe Code of Practice to members:	Ginika Nliam	
Confirm the officer responsible for reporting all accidents to the DCU Health & Safety Officer, e-mail <a href="mailto:safety@dcu.ie">safety@dcu.ie</a> :	Okikiola Jokotoye	
Have you uploaded a copy of your club or society constitution?	yes	
Please indicate if your club/soc is familiar with: DCU Clubs & Socs 'Keeping it Safe' guidance document available at: <a href="https://sites.google.com/dcu.ie/dcuclubssocsoperationsmanual20/keeping-it-safe">https://sites.google.com/dcu.ie/dcuclubssocsoperationsmanual20/keeping-it-safe</a> Is there a National Governing Body (NGB) for your Sport/Society:  Yes / No		
If Yes please provide full name of NGB and website:		
Does your NGB have a Safety Code: Yes / No If Yes please attach a copy to this code or provide a web link to the policy:		
Does your club/society comply with this NGB Safety code?	Yes / No / Not applicable	
Do you have a copy of codes of practice or regulations for facilities that you use regularly?	Yes / No / Not applicable	

INSURANCE	Information
Does your <b>NGB</b> require you to take insurance? If yes please give	N/A
details and attach a copy of the policy.	

Indicate how you have made your members aware of the DCU Students' Personal Accident and insurance cover? Please note the limitations of this policy and the exclusions that apply, see DCU Insurance Policy 2022	By sharing the clubs and societies handbook with all members as well as the code of conduct to be carried out by societies. We have also provided the contact details for the SLC and CLC to the members if they require more understanding.
Is your Club/Soc using an external venue for hosting a DCU event? If yes have you notified Clubs & Socs or DCU Sports & Wellbeing so as <b>DCU's Public liability insurance</b> can be extended to this venue if required?	No
Is your Club/Soc planning to host a major event on or off campus this year? If yes have you notified the Clubs & Socs or DCU Sports & Wellbeing So as <b>DCU's Public liability insurance</b> can be reviewed?	No
Does your club/soc have the appropriate <b>Equipment Insurance</b> to protect your equipment in the event of fire and theft? If yes please provide details.	No
Are you planning any <b>overseas trips</b> ? If so, provide details of travel Insurance you have in place for this trip.	No
Do your <b>Coaches/Instructors</b> have their own Professional Indemnity Insurance? If yes please attach a copy.	No

TRAINING & COMPETENCIES	Information
Have your committee members attended the DCU Event Management/ Health & Safety Workshop and the Incident Management workshop? Please indicate the name(s) of Officers who attended.	Not yet, the chairperson Emmanuela Igiba will attend the workshops as they are held throughout the semester.
Please indicate if your committee and coaches have held a briefing session on training, instruction and health and safety applicable to their activity/facility.	These trainings have not taken place yet. When they do our committee will be sure to attend
Please indicate the names and qualifications of coaches/instructors and indicate whether relevant certificates verifying qualifications and insurance has been received.	N/A

Please list any competency tests for new / existing members	
conducted by the club/society. This could be in the form of an	
induction, accreditation, course or test.	

EQUIPMENT	Information
Types Of Equipment: Indicate the various types/categories of	Computer
equipment that the club uses and/or submit an equipment log.	
<b>Usage of Equipment:</b> indicate how members are trained as necessary	We use our personal laptops along with the projector provided in classrooms booked
in the safe use of all equipment supplied to them	on the OMS
Equipment Log: who is responsible for maintaining a register of	N/A
equipment to include purchase dates, price etc	
Checking Equipment before use: Is equipment subject to a visual or	N/A
written inspection for defects before use? Who is responsible?	
Storing Equipment, detail how and where equipment is stored,	N/A
and/or transported.	
Maintenance of Equipment as per manufacturers or NGB guidelines:	N/A
State the name of the Officers with responsibility for equipment	
maintenance and regular safety checks.	
Damaged/Unwanted equipment/Disposal of equipment: State your	N/A
policy for damaged or unsafe equipment and disposal of old	
equipment.	
<b>Hire of Equipment:</b> Do you plan to hire equipment for use on campus	N/A
where there is a high risk of a potential injury/accident? If so,	
provide details. Note: Permission must be obtained from the Estates	
Office and the Health and Safety Office and/or a permit to work	
issued. Form is available at <u>www.dcu.ie/estates/contractors.shtml</u>	
Loaning Equipment: Please outline your policy on loaning equipment	N/A
to club members; please include details of the club officer responsible	

for overseeing policy; records of loaned equipment; criteria for	
borrowing equipment, etc.	

FIRST AID	Information
High Risk Sports clubs must have at least one occupationally trained	Emmanuela Igiba
first aider. Please indicate if you are amongst this list and if you have a	
nominated first aider(s). List of High Risk Sports clubs is available	
from Keeping it Safe guidelines at <a href="https://www.dcu.ie/sports-wellbeing">www.dcu.ie/sports-wellbeing</a>	
Please indicate the committee members that have attended the	N/A
Casualty Management workshop held early in Semester 1.	
If you are involved in an adventure sport you must have at least one	N/A
member trained in Rescue and Emergency Care (REC). Indicate the	
names of the trained members and if they hold a REC 2 or REC 3.	
Does your club/soc have designated Athletic Therapy & Training	N/A
students? If so please state names and a summary of when they	
provide services.	
Please indicate the committee member that is responsible for	Emmanuela Igiba
ensuring that the club has a fully stocked first aid kit. Please note First	
Aid supplies are fully funded by the CLC/SLC. Please contact Clubs &	
Socs or DCU Sports & Wellbeing for first aid supplies.	
Indicate the committee members who will complete the DCU	Emmanuela Igiba
Injury/Incident Report Form for accidents and near-misses available at	Ginika Nliam
https://www.dcu.ie/safety/incident_near_report_form.shtml	Okikiola Jokotoye
If you are hosting a major event First Aid Provision must be arranged.	N/A
Please provide details of provision for events if applicable.	

RISK ASSESSMENT	Information
Are Risk Assessments undertaken for all club/soc activities? If Yes	Yes
please list the date of last risk assessment and please attach a copy	
(see template at end of this document)	

Are Risk Assessments recorded and regularly reviewed? Please indicate how often risk assessments are reviewed.	Once every three months
Please indicate which committee member is responsible for carrying out risk assessments for regular/new/once off club/society activity.	Precious Onyebuchi
Are Dynamic Risk Assessments carried out for trips and events and recorded? (see guidance at the end of this document)	Yes
CLUB/SOCIETY SPECIFIC HEALTH & SAFETY INFORMATION	Information
Clubs/Societies should include any other area related to Health and Safety for their activity that requires action (e.g. National Governing Body or organisations Safety Code etc)	N/A
H&S CONCERNS PROCEDURE	Information
Please detail your procedures for members to identify concerns regarding Health and Safety during activities.	N/A

TRIPS Checklist	Information
	You are required to do a trip specific risk assessment / checklist for all individual trips
Trip Leaders: do leaders have the necessary knowledge, experience	N/A
and qualifications, where appropriate to lead a trip	
<b>Insurance:</b> Is all appropriate travel insurance for the group in place?	N/A
Risk Assessment: for all activities should be undertaken and all	N/A
possible control measures put in place	
Dynamic Risk Assessment: on the day of the activity should be	N/A
undertaken and should consider the local environment, weather,	
leaders, opposition level etc (see guidance at the end of this	
document)	
Safezone App: Have you identified and set up the Safezone App? To	YES
find out more about setting up and using the app check the	
instructions at https://www.dcu.ie/ocoo/safezoneatdcu.shtml	

<b>Contingency Plans:</b> for reasonably foreseeable emergencies should be made.	N/A
Beginners/Novice to Leader ratios: Ensure that this ratio is	N/A
appropriate for the trip in question.	
Itinerary: A full trip itinerary should be prepared and circulated to all	N/A
members.	
<b>Travel:</b> How the party will move between the relevant locations and	N/A
who will be driving the vehicles.	
Trip Registration & Activity form: detailing date of the event,	N/A
location, accommodation, transport, and the names and ID numbers	
of students participating in the trip. The trip Leader must ensure that	
1 copy of this form is uploaded to the online management system and	
1 copy is taken on the trip.	
Social: You should advise your members on the following:	N/A
Where parties can safely go and when	
What behaviour is acceptable	
A minimum number of people in a group	
<b>Equipment:</b> This needs to be in proper working order and should be	N/A
frequently checked throughout the trip	
First Aid: You should ensure you have the appropriate first aiders	N/A
available and the correct First Aid equipment and an accident	
reporting procedure.	

EMERGENCY PROCEDURE	Information
Please detail your Clubs/Socs procedures to be followed in an emergency. For tips see 'Keeping it Safe' available at <a href="https://sites.google.com/dcu.ie/dcuclubssocsoperationsmanual20/keeping-it-safe">https://sites.google.com/dcu.ie/dcuclubssocsoperationsmanual20/keeping-it-safe</a>	Emergency Procedure For all the planning and preparation, there still exists the possibility of emergencies occurring. All Accident and Incidents must be reported via the online report form on the DCU Health and Safety Website or via the DCU Accidents Report Form and sent to the DCU Health & Safety Office.

CHILD PROTECTION POLICY  Have you members under the age of 18? If so your coach must complete a 'Volunteer/Coach Application form for those with substantial access to children', available at <a href="https://www.dcu.ie/sports-wellbeing">www.dcu.ie/sports-wellbeing</a>	Information NO
An Emergency procedure for your club/soc is listed below. Please provide details of how this is communicated to your members and also any additional actions that your club/soc does in an emergency	In the event of an emergency, please follow carefully the guidelines as detailed below  Stop and think. Assess the situation. Stay calm.  Ensure that the group is safe and accounted for.  Are there any hazards present that may affect the group?  Attend any casualties if it is safe to do so.  Give first aid within the group's capabilities.  Get expert help if required.  Get/ give any third party/ witness/insurance details if necessary.  Gather the information required by the Emergency Services:  Name(s) of group members  Number of people injured  Locations of group members  Medical condition of the group.  First Aid given  Age(s) of group members  Time of accident  Equipment available to group  Cooperate fully with the Emergency Services.  Someone from the group accompanied the casualties to hospital.  In the event of a serious accident/incident contact DCU Security on 700-5999 (available 24 hours).  Refer all media contact to Siobhán Byrne, Head of Clubs and Socs, and give no comment.

NO
YES
N/A
YES

GUIDELINES FOR BEHAVIOUR	Information
Please list guidelines for behaviour that the club adheres to. These can be formal University, Facility or Club rules and regulations The following University documents may be useful:  DCU Alcohol Policy, <a href="https://www.dcu.ie/students/az/alcohol-policy">https://www.dcu.ie/students/az/alcohol-policy</a>	<ul> <li>No distribution of alcohol.</li> <li>A culture of belonging and love is the hallmark of our society.</li> <li>Respect for each other's cultures and differences is mandatory.</li> </ul>
DCU Respect & Dignity Policy, <a href="https://www.dcu.ie/advice/respect-dignity">https://www.dcu.ie/advice/respect-dignity</a>	
Student Sport Ireland Guidelines for Hosting an Intervarsity event, www.studentsport.ie/wp-content/uploads/2011/09/SSI-GUIDELINES-FOR-HOSTING-AN-INTERCOLLEGIATE-EVENT-2014-2015.pdf	

DISCIPLINARY PROCEDURE	Information
Please detail how you will deal with breaches of the code of conduct.	TERMINATION OF MEMERSHIP

CLUB OFFICERS	Information

Provide a summary of Officers roles and responsibilities, highlighting those specifically relating to health and safety. Who members should contact etc. For guidance see the Clubs & Socs Handbook at <a href="https://www.dcu.ie/sports-wellbeing">www.dcu.ie/sports-wellbeing</a>

First Aid officer – Emmanuela Igiba Helpline/ Welfare – Okikiola Jokotoye



# **Code of Safe Practice Action list**



Club/Society: <u>BELIEVERS LOVEWORLD SOCIETY</u> Date: <u>16/09/2024</u>

AREA	ACTION Required (if any)	Lead Person	Target Date
CLUB DETAILS & RESOURCES	Ensure all members adhere to the DCU safe code of practice	Emmanuela Igiba	20/09/24
INSURANCE	N/A	N/A	
TRAINING & COMPETENCIES	TRAINING & COMPETENCIES  Casualty management workshop, Event management health and safety workshop, Bystander intervention training		20/09/24
EQUIPMENT	N/A	N/A	N/A
FIRST AID	N/A	N/A	N/A
TRIPS	N/A	N/A	N/A
RISK ASSESSMENT	Completed	Emmanuela Igiba	16/09/24

EMERGENCY PROCEDURE	Established a helpline for all related emergencies	Okikiola	20/09/24
		Jokotoye	
CHILD PROTECTION POLICY	Comprehended by all members and club officers	All	20/09/24
		members	
<b>GUIDELINES FOR BEHAVIOUR</b>	Established the code of conduct for all members	All	20/09/24
		memebers	
COMPLAINTS PROCEDURE	Established a helpline for all related complaints	Okikiola	20/09/24
		Jokotoye	
DISCIPLINARY PROCEDURE	Termination of Membership	Emmanuela	20/09/24
		Igiba	
CLUB OFFICERS	Elected officers - Emmanuela Igiba, Okikiola Jokotoye, Ginika	All officers	20/09/24
	Nliam, Precious Onyebuchi		
OTHER	N/A	N/A	N/A
OTHER	N/A	N/A	N/A
OTHER	N/A	N/A	N/A

### DCU Clubs / Socs Activity Risk Assessment

Outline of hazards associated with club/society activities and measures the club/society takes or will take to minimize risk of injury to members or third parties

Hazard / Activity with potential to cause injury	Controls Already in Place (what actions /procedures are you already doing to minimize possibility of injury)	Risk Category  (High/Medium/Low)  (considering the actions / procedures you already have in place)	Further Controls Being Implemented  To Reduce Risk  (eg First Aid / area to be inspected prior to start  Require equipment test certs etc)	Date to be Completed  Can be –  1 on the day  2 every time the equipment is taken out  3 Nov xx <sup>th</sup> (If a once off task)  etc
Slips , Trips and Falls	Ensure all gatherings are conducted in a dry area	Medium	A caution Banner displayed during gatherings	On the day of every meeting
Peer pressure	Ensure all individuals feel a sense of home and belonging in our gatherings	Medium	An anonymous survey carried out on a quarter basis to review the satisfaction of our members	14/10/2024 — 18/10/2024

## Dynamic Risk Assessment – on the day / by the hour!

### **Outdoor Activities**

## **Trip Away / Night Out**

P	Previous weather and/or water conditions Ground conditions (wet / dry / frozen / flooded / landslide etc) Wind / storm etc (could wind etc have caused damage – powerlines, trees etc) River/Sea conditions (Flood, abnormally low etc)	Previous knowledge of country/city/area Culture / traditions / local customs / behavioural norms / acceptable dress / emergency services contact details etc
L	Local knowledge Particularly dangerous river sections/walk sections / cliffs / areas / local weather conditions	Local knowledge (personal safety) Unsafe areas, clubs/pubs/ getting help/ what to look out for / public transport options etc
0	Observation What is currently happening? – raining/snowing/ thunder clouds/ hot sun. Remain alert for changing conditions – be prepared to change plans/curtail activities based on changing conditions	Observation Stay alert – keep an eye on unfolding events. At least two people (Club/Society Officers) should remain sober and alert when on a trip/night out.
W	Weather Forecast  Get area specific forecast – usually v accurate – weather may arrive a little earlier/later than forecast.	Watch Out for someone becoming detached from group / wandering off / getting into arguments etc
D	Doubt  IF IN DOUBT- DON'T GO OUT! – have a BACK UP Plan (even if it is only card games in the local club/pub!)	Doubt  IF IN DOUBT- GET THEM OUT! – have a BACK UP Plan (even if it is taxis home / back to accommodation)

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