

Clubs & Societies | Code of Safe Practice Self-Evaluation & Action Plan Template 24/25

The Code of Safe Practice is a self-evaluation template and action plan that outlines how your Club/Society will manage your activities to ensure the safety and wellbeing of members and third parties who may be affected by the activities of the club/society.

Club/Society Committee Officers have a key role to play in this regard and ultimately are responsible for ensuring that the club/society operates in a safe manner. You are responsible for bringing to the attention of all members the contents of this document, and for ensuring that in so far as is practicable all members adhere to the contents. At all times you must operate to any safety guidelines as laid down by your National Governing Body of Sport or Organisation. If guidelines exist they must be appended to this document.

The Code of Safe Practice must be reviewed and uploaded to the online management system on an annual basis to ensure that the contents are still relevant to the activities of the club/ society. If the club/society is participating in new and additional activities that may have safety implications the officers should draw up a policy to state how the club/society is going to minimise the risk associated with those activities. The receipt of funding from CLC/SLC is contingent on the receipt of an up-to-date Code of Safe Practice.

If you require assistance in the completion of this form please contact:

- CLUBS: Yvonne McGowan, Senior Sports Development Officer, Sports & Wellbeing, e-mail <u>vvonne.mcgowan@dcu.ie</u>. Tel: 01-700 5811
- **SOCIETIES**: Siobhan Byrne, Head of Clubs & Societies, Office of Student Life, e-mail siobhan.byrne@dcu.ie, Tel: 01-700 5585

• DCU Health & Safety Office: Paula Hawkins, Health & Safety Advice, e-mail safety@dcu.ie, Tel: 01-700 7034

Club/Society Participation Statement

The activities undertaken by Dublin City University Clubs and Societies carry an element of risk, including the risk of injury and death. Participants should be aware of and accept these risks and be responsible for their own actions and involvement.

Individual Responsibilities

- All participants in Club activities are responsible for their own actions and for making their own assessment of risks. If they are unsure about any issue or have any problems, questions or concerns it is the individual's responsibility to raise these with leaders or committee members.
- It is the responsibility of the individual to bring to the attention of any trip/activity leaders any known medical condition or previous injuries that may affect their or other Club member's safe participation in canoeing activities.
- Members are encouraged to seek further training at every opportunity.
- It is the responsibility of the individual to report any damage, loss or failure of club equipment to their Club's Equipment Officer. There should be adequate notices around club storage to ensure that this procedure is followed at all times.
- It is the responsibility of the Parent or Guardian of members under 18 to read and sign a membership form on behalf of the member before any activity can take place. The form is : Sample application form Junior Members' available at www.dcu.ie/sports-wellbeing

CLUB/SOCIETY DETAILS	Information
Club/Society name:	Chinese society
Date this Code of Safe Practice Completed:	12/09/2024
Version Reference:	4.0
Outline the main activities undertaken by your club/soc:	Chinese culture themed events
Name of person(s) completing this form:	Steven Yu
Confirm the name(s) of the officer responsible for disseminating the Safe Code of Practice to members:	Steven Yu
Confirm the officer responsible for reporting all accidents to the DCU Health & Safety Officer, e-mail <u>safety@dcu.ie</u> :	Health and safety officer

Have you uploaded a copy of your club or society constitution?	Yes
Please indicate if your club/soc is familiar with: DCU Clubs & Socs 'Keeping it Safe' guidance document available at: https://sites.google.com/dcu.ie/dcuclubssocsoperationsmanual20/keeping-it-safe	
Is there a National Governing Body (NGB) for your Sport/Society:	No
If Yes please provide full name of NGB and website:	
Does your NGB have a Safety Code: Yes / No If Yes please attach a copy to this code or provide a web link to the pol	icy:
Does your club/society comply with this NGB Safety code?	Not applicable
Do you have a copy of codes of practice or regulations for facilities that you use regularly?	Not applicable

INSURANCE	Information
Does your NGB require you to take insurance? If yes please give details and attach a copy of the policy.	Not applicable
Indicate how you have made your members aware of the DCU Students' Personal Accident and insurance cover? Please note the limitations of this policy and the exclusions that apply, see <u>DCU</u> <u>Insurance Policy 2022</u>	The dcu students and personal accident and insurance cover will be discussed at future Egms and Agms and will be informed to all members of the society.
Is your Club/Soc using an external venue for hosting a DCU event? If yes have you notified Clubs & Socs or DCU Sports & Wellbeing so as DCU's Public liability insurance can be extended to this venue if required?	No
Is your Club/Soc planning to host a major event on or off campus this year? If yes have you notified the Clubs & Socs or DCU Sports & Wellbeing So as DCU's Public liability insurance can be reviewed?	No

Does your club/soc have the appropriate Equipment Insurance to protect your equipment in the event of fire and theft? If yes please provide details.	No
Are you planning any overseas trips? If so, provide details of travel	No
Insurance you have in place for this trip.	
Do your Coaches/Instructors have their own Professional Indemnity	No
Insurance? If yes please attach a copy.	

TRAINING & COMPETENCIES	Information
Have your committee members attended the DCU Event Management/ Health & Safety Workshop and the Incident Management workshop? Please indicate the name(s) of Officers who attended.	Atleast one of the following committee members will attend: Steven Yu/ Lewis Li/ James Wu/ Jenny Cheng
Please indicate if your committee and coaches have held a briefing session on training, instruction and health and safety applicable to their activity/facility.	N/A
Please indicate the names and qualifications of coaches/instructors and indicate whether relevant certificates verifying qualifications and insurance has been received.	N/A
Please list any competency tests for new / existing members conducted by the club/society. This could be in the form of an induction, accreditation, course or test.	

EQUIPMENT	Information
Types Of Equipment: Indicate the various types/categories of equipment that the club uses and/or submit an equipment log.	Cultural items and small various decorations
Usage of Equipment: indicate how members are trained as necessary in the safe use of all equipment supplied to them	Members will be trained and briefed on the delicate and safe handling of all equipment

Equipment Log: who is responsible for maintaining a register of	Equipment officer – to be decided
equipment to include purchase dates, price etc	
Checking Equipment before use: Is equipment subject to a visual or	Equipment officer – to be decided
written inspection for defects before use? Who is responsible?	
Storing Equipment, detail how and where equipment is stored,	Equipment will be placed in the designated locker on campus
and/or transported.	
Maintenance of Equipment as per manufacturers or NGB guidelines:	Equipment officer – to be decided
State the name of the Officers with responsibility for equipment	
maintenance and regular safety checks.	
Damaged/Unwanted equipment/Disposal of equipment: State your	Items will be disposed of carefully and sorted into the correct bins
policy for damaged or unsafe equipment and disposal of old	
equipment.	
Hire of Equipment: Do you plan to hire equipment for use on campus	No
where there is a high risk of a potential injury/accident? If so,	
provide details. Note: Permission must be obtained from the Estates	
Office and the Health and Safety Office and/or a permit to work	
issued. Form is available at <u>www.dcu.ie/estates/contractors.shtml</u>	
Loaning Equipment: Please outline your policy on loaning equipment	Not applicable
to club members; please include details of the club officer responsible	
for overseeing policy; records of loaned equipment; criteria for	
borrowing equipment, etc.	

FIRST AID	Information
High Risk Sports clubs must have at least one occupationally trained first aider. Please indicate if you are amongst this list and if you have a nominated first aider(s). List of High Risk Sports clubs is available from Keeping it Safe guidelines at <u>www.dcu.ie/sports-wellbeing</u>	Not applicable
Please indicate the committee members that have attended the Casualty Management workshop held early in Semester 1.	Steven Yu/ Lewis Li/ James Wu/ Jenny Cheng
If you are involved in an adventure sport you must have at least one member trained in Rescue and Emergency Care (REC). Indicate the names of the trained members and if they hold a REC 2 or REC 3.	Not applicable

Does your club/soc have designated Athletic Therapy & Training students? If so please state names and a summary of when they provide services.	Not applicable
Please indicate the committee member that is responsible for ensuring that the club has a fully stocked first aid kit. Please note First Aid supplies are fully funded by the CLC/SLC. Please contact Clubs & Socs or DCU Sports & Wellbeing for first aid supplies.	Health and safety officer – Lewis Li
Indicate the committee members who will complete the DCU Injury/Incident Report Form for accidents and near-misses available at <u>https://www.dcu.ie/safety/incident_near_report_form.shtml</u>	Health and safety officer – Lewis Li
If you are hosting a major event First Aid Provision must be arranged. Please provide details of provision for events if applicable.	Not applicable

RISK ASSESSMENT	Information
Are Risk Assessments undertaken for all club/soc activities? If Yes please list the date of last risk assessment and please attach a copy (see template at end of this document)	No
Are Risk Assessments recorded and regularly reviewed? Please indicate how often risk assessments are reviewed.	Risk assessments are done every term
Please indicate which committee member is responsible for carrying out risk assessments for regular/new/once off club/society activity.	Health and safety officer – Lewis Li
Are Dynamic Risk Assessments carried out for trips and events and recorded? (see guidance at the end of this document)	Yes
CLUB/SOCIETY SPECIFIC HEALTH & SAFETY INFORMATION	Information
Clubs/Societies should include any other area related to Health and Safety for their activity that requires action (e.g. National Governing Body or organisations Safety Code etc)	None
H&S CONCERNS PROCEDURE	Information

Please detail your procedures for members to identify concerns	Members should approach the committee with any concerns that arise. Health
regarding Health and Safety during activities.	and safety officer and chairperson will then assess the situation and come to an
	agreement in regards to concerns regarding health and safetu duringactivities

TRIPS Checklist	Information
	You are required to do a trip specific risk assessment / checklist for all individual trips
Trip Leaders: do leaders have the necessary knowledge, experience	Yes
and qualifications, where appropriate to lead a trip	
Insurance: Is all appropriate travel insurance for the group in place?	This will be followed in the event of any future trips
Risk Assessment: for all activities should be undertaken and all	This will be followed in the event of any future trips
possible control measures put in place	
Dynamic Risk Assessment: on the day of the activity should be	This will be followed in the event of any future trips
undertaken and should consider the local environment, weather,	
leaders, opposition level etc (see guidance at the end of this	
document)	
Safezone App: Have you identified and set up the Safezone App? To	This will be followed in the event of any future trips
find out more about setting up and using the app check the	
instructions at https://www.dcu.ie/ocoo/safezoneatdcu.shtml	
Contingency Plans: for reasonably foreseeable emergencies should be	This will be followed in the event of any future trips
made.	
Beginners/Novice to Leader ratios: Ensure that this ratio is	This will be followed in the event of any future trips
appropriate for the trip in question.	
Itinerary: A full trip itinerary should be prepared and circulated to all	This will be followed in the event of any future trips
members.	
Travel: How the party will move between the relevant locations and	This will be followed in the event of any future trips
who will be driving the vehicles.	
Trip Registration & Activity form: detailing date of the event,	This will be followed in the event of any future trips
location, accommodation, transport, and the names and ID numbers	
of students participating in the trip. The trip Leader must ensure that	
1 copy of this form is uploaded to the online management system and	
1 copy is taken on the trip.	
Social: You should advise your members on the following:	This will be followed in the event of any future trips

Where parties can safely go and when		
 What behaviour is acceptable 		
 A minimum number of people in a group 		
Equipment: This needs to be in proper working order and should be	This will be followed in the event of any future trips	
frequently checked throughout the trip		
First Aid: You should ensure you have the appropriate first aiders	This will be followed in the event of any future trips	
available and the correct First Aid equipment and an accident		
reporting procedure.		

EMERGENCY PROCEDURE	Information
Please detail your Clubs/Socs procedures to be followed in an emergency. For tips see 'Keeping it Safe' available at <u>https://sites.google.com/dcu.ie/dcuclubssocsoperationsmanual20/ke</u> <u>eping-it-safe</u>	Emergency Procedure For all the planning and preparation, there still exists the possibility of emergencies occurring. All Accident and Incidents must be reported via the online report form on the DCU Health and Safety Website or via the DCU Accidents Report Form and sent to the DCU Health & Safety Office.
An Emergency procedure for your club/soc is listed below. Please provide details of how this is communicated to your members and also any additional actions that your club/soc does in an emergency	 In the event of an emergency, please follow carefully the guidelines as detailed below Stop and think. Assess the situation. Stay calm. Ensure that the group is safe and accounted for. Are there any hazards present that may affect the group? Attend any casualties if it is safe to do so. Give first aid within the group's capabilities. Get expert help if required. Get/ give any third party/ witness/insurance details if necessary. Gather the information required by the Emergency Services: Name(s) of group members Number of people injured Locations of group members Medical condition of the group. First Aid given Age(s) of group members

	 Time of accident Equipment available to group Cooperate fully with the Emergency Services. Someone from the group accompanied the casualties to hospital. In the event of a serious accident/incident contact DCU Security on 700-5999 (available 24 hours). Refer all media contact to Siobhán Byrne, Head of Clubs and Socs, and give no comment.
CHILD PROTECTION POLICY	Information
Have you members under the age of 18? If so your coach must complete a 'Volunteer/Coach Application form for those with substantial access to children', available at <u>www.dcu.ie/sports-wellbeing</u>	No
Where members are under the age of 18 their parents should complete the 'Application form for new junior members', available at www.dcu.ie/sports-wellbeing	Not applicable
Are you aware of the Sports Ireland guidance on developing good practice for safeguarding children, through their 'Code of Ethics and Good Practice for Children's Sport in Ireland, available at https://www.sportireland.ie/Participation/Code of Ethics/	Yes
Are you aware of your NGB information or recommendations in relation to good practice for safeguarding children?	Yes
Are you aware of the DCU child protection policy 'Keeping Children Safe, Policies and Procedures supporting Child Protection at DCU available at <u>https://www.dcu.ie/advice/respect-dignity</u>	Yes

GUIDELINES FOR BEHAVIOUR	Information

Please list guidelines for behaviour that the club adheres to. These can be formal University, Facility or Club rules and regulations The following University documents may be useful: DCU Alcohol Policy, <u>https://www.dcu.ie/students/az/alcohol-policy</u>	The society adheres to the guidelines outlined in the society constitution and also to any additional guidelines by Dcu and c&s
DCU Respect & Dignity Policy, <u>https://www.dcu.ie/advice/respect-</u> <u>dignity</u>	
Student Sport Ireland Guidelines for Hosting an Intervarsity event, <u>www.studentsport.ie/wp-content/uploads/2011/09/SSI-GUIDELINES-</u> FOR-HOSTING-AN-INTERCOLLEGIATE-EVENT-2014-2015.pdf	

DISCIPLINARY PROCEDURE	Information
Please detail how you will deal with breaches of the code of conduct.	Breaches of conduct are handled in accordance with the society constitution

CLUB OFFICERS	Information
Provide a summary of Officers roles and responsibilities, highlighting those specifically relating to health and safety. Who members should contact etc. For guidance see the Clubs & Socs Handbook at <u>www.dcu.ie/sports-wellbeing</u>	Roles and responsibilities are outlined in the society constitutio. The position of health and safety officer is highlighted as a health and safety role. Members are able to contact any member of the committee. Health and safety officer will adhere to all guidelines and ensure the wellbeing of all society members during activities, backed up by the chairperson/ vice chairperson



Code of Safe Practice Action list



Club/Society: Chinese Society Date: 12/09/2024

AREA ACTION Required (if any) I		Lead Person	Target Date	
CLUB DETAILS & RESOURCES	Club details and resources are to be kept confidential to certain committee members only and information will not be shared to the public	Steven Yu	12/09/24	
INSURANCE	N/A	Steven Yu	12/09/24	
TRAINING & COMPETENCIES	Necessary training will be provided	Steven Yu	12/09/24	
EQUIPMENT	Use equipment as intended and store safely in locker	Steven Yu	12/09/24	
FIRST AID	First aid kit location recorded as well as basic first aid	Steven Yu	12/09/24	
TRIPS	N/A	Steven Yu	12/09/24	
RISK ASSESSMENT	Low risk, potential chinese tea events will involve safe handling of hot water, regular risk assessments will be carried out in case new risks arise		12/09/24	
EMERGENCY PROCEDURE	Emergency procedures will be followed as per the college regulation and also society regulations	Steven Yu	12/09/24	
CHILD PROTECTION POLICY	N/A	Steven Yu	12/09/24	
GUIDELINES FOR BEHAVIOUR	Proper and ethical behaviour must be upheld. Abusive or aggressive behaviour and antics will not be tolerated and will be dealt with accordingly	Steven Yu	12/09/24	
COMPLAINTS PROCEDURE Any complaints should be informed to committee members and either resolved internally or escalated to a higher authoirty such as clubs and socs office if neccessary		Steven Yu	12/09/24	

DISCIPLINARY PROCEDURE	Report any issues to society life committee or another higher authority if neccessary	Steven Yu	12/09/24
CLUB OFFICERS	Officers are appointed and will carry out their roles as specified	Steven Yu	12/09/24
OTHER			
OTHER			
OTHER			

DCU Clubs / Socs Activity Risk Assessment Template

Outline of hazards associated with club/society activities and measures the club/society takes or will take to minimize risk of injury to members or third parties

Hazard / Activity with potential to cause injury	Controls Already in Place (what actions /procedures are you already doing to minimise possibility of injury)	Risk Category (High/Medium/Low) (considering the actions / procedures you already have in place)	Further Controls Being Implemented To Reduce Risk (eg First Aid / area to be inspected prior to start Require equipment test certs etc)	Date to be Completed Can be – 1 on the day 2 every time the equipment is taken out 3 Nov xx th (If a once off task) etc
Tea/ hot beverage	Kettle will be places safely and securely on a flat surface away from the rest of the members	Low	Area of hot water placement will he inspected beforehand and the area cleared from crowds	Everytime the ewuipment is taken out and used

Dynamic Risk Assessment – on the day / by the hour!

	Outdoor Activities	Trip Away / Night Out
Р	Previous weather and/or water conditions Ground conditions (wet / dry / frozen / flooded / landslide etc) Wind / storm etc (could wind etc have caused damage – powerlines, trees etc) River/Sea conditions (Flood, abnormally low etc)	Previous knowledge of country/city/area Culture / traditions / local customs / behavioural norms / acceptable dress / emergency services contact details etc
L	Local knowledge Particularly dangerous river sections/walk sections / cliffs / areas / local weather conditions	LOCal knowledge (personal safety) Unsafe areas, clubs/pubs/ getting help/ what to look out for / public transport options etc
0	Observation What is currently happening? – raining/snowing/ thunder clouds/ hot sun. Remain alert for changing conditions – be prepared to change plans/curtail activities based on changing conditions	Observation Stay alert – keep an eye on unfolding events. At least two people (Club/Society Officers) should remain sober and alert when on a trip/night out.
W	Weather Forecast Get area specific forecast – usually v accurate – weather may arrive a little earlier/later than forecast.	Watch Out for someone becoming detached from group / wandering off / getting into arguments etc
D	Doubt IF IN DOUBT- DON'T GO OUT! – have a BACK UP Plan (even if it is only card games in the local club/pub!)	Doubt IF IN DOUBT- GET THEM OUT! – have a BACK UP Plan (even if it is taxis home / back to accommodation)

Document Name	Clubs and Societies Health and Safety Handbook	
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