



## Clubs & Societies | Code of Safe Practice *Self-Evaluation & Action Plan Template*



The Code of Safe Practice is a self-evaluation template and action plan that outlines how your Club/Society will manage your activities to ensure the safety and wellbeing of members and third parties who may be affected by the activities of the club/society.

Club/Society Officers have a key role to play in this regard and ultimately are responsible for ensuring that the club/society operates in a safe manner. Club/Society Officers are responsible for bringing to the attention of all members the contents of this document, and for ensuring that in so far as is practicable all members adhere to the contents. At all times you must operate to any safety guidelines as laid down by your National Governing Body of Sport or Organisation. If guidelines exist they must be appended to this document.

The Code of Safe Practice must be reviewed and uploaded to the online management system on an annual basis to ensure that the contents are still relevant to the activities of the club/ society. If the club/society is participating in new and additional activities that may have safety implications the officers should draw up a policy to state how the club/society is going to minimize the risk associated with those activities. The receipt of funding from CLC/SLC is contingent on the receipt of an up-to-date Code of Safe Practice.

If you require assistance in the completion of this form please contact:

- **CLUBS:** Yvonne McGowan, Senior Sports Development Officer, Sports & Wellbeing, e-mail [yvonne.mcgowan@dcu.ie](mailto:yvonne.mcgowan@dcu.ie), Tel: 01-700 5811
- **SOCIETIES:** Siobhan Byrne, Clubs & Societies Finance & Development Officer, Office of Student Life, e-mail [siobhan.byrne@dcu.ie](mailto:siobhan.byrne@dcu.ie), Tel: 01-700 5585

- DCU **Health & Safety Office**: Paula Hawkins, Health & Safety Advise, e-mail [safety@dcu.ie](mailto:safety@dcu.ie), Tel: 01-700 7034

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### Club/Society Participation Statement

The activities undertaken by Dublin City University Clubs and Societies carry an element of risk, including the risk of injury and death. Participants should be aware of and accept these risks and be responsible for their own actions and involvement.

### Individual Responsibilities

- All participants in Club activities are responsible for their own actions and for making their own assessment of risks. If they are unsure about any issue or have any problems, questions or concerns it is the individual's responsibility to raise these with leaders or committee members.
- It is the responsibility of the individual to bring to the attention of any trip/activity leaders any known medical condition or previous injuries that may affect their or other Club member's safe participation in canoeing activities.
- Members are encouraged to seek further training at every opportunity.
- It is the responsibility of the individual to report any damage, loss or failure of club equipment to their Club's Equipment Officer. There should be adequate notices around club storage to ensure that this procedure is followed at all times.
- It is the responsibility of the Parent or Guardian of members under 18 to read and sign a membership form on behalf of the member before any activity can take place. The form is : Sample application form Junior Members' available at [www.dcu.ie/sports-wellbeing](http://www.dcu.ie/sports-wellbeing)

CLUB/SOCIETY DETAILS	Information
Club/Society name:	DCU Science and Health Society
Date this Code of Safe Practice Completed:	23/08/2021
Version Reference:	First
Outline the main activities undertaken by your club/soc:	To organise social events both online and in person, such as movie nights, table quizzes, science orientated trips, and mixers, for students in the Science and Health faculties
Name of person(s) completing this form:	Patrick Loftus
Confirm the name(s) of the officer responsible for disseminating the Safe Code of Practice to members:	Role of society secretary – current acting secretary Patrick Loftus. Official society secretary to be elected at AGM in semester 1 of 2021/2022 academic year.

Confirm the officer responsible for reporting all accidents to the DCU Health & Safety Officer, e-mail <a href="mailto:safety@dcu.ie">safety@dcu.ie</a> :	Society secretary (To be elected during semester 1 of 2021/2022 academic year)
Have you uploaded a copy of your club or society constitution?	Yes
Please indicate if your club/soc is aware of: DCU Clubs & Socs 'Keeping it Safe' guidance document available at: <a href="https://sites.google.com/dcu.ie/dcclubssocsoperationsmanual20/keeping-it-safe">https://sites.google.com/dcu.ie/dcclubssocsoperationsmanual20/keeping-it-safe</a>	
Is there a National Governing Body (NGB) for your Sport/Society:	No
If Yes please provide full name of NGB and website:	
Does your NGB have a Safety Code:	No
If Yes please attach a copy to this code or provide a web link to the policy:	
Does your club/society comply with this NGB Safety code?	Not applicable
Do you have a copy of codes of practice or regulations for facilities that you use regularly? For DCU Sport information visit <a href="http://www.dcu.ie/info/regulations/sports.shtml">www.dcu.ie/info/regulations/sports.shtml</a>	Not applicable

INSURANCE	Information
Does your <b>NGB</b> require you to take insurance? If yes please give details and attach a copy of the policy.	Not applicable
Indicate how you have made your members aware of the <b>DCU Students' Personal Accident and insurance</b> cover? Please note the limitations of this policy and the exclusions that apply, see <a href="http://www.dcu.ie/info/insurance.shtml">www.dcu.ie/info/insurance.shtml</a>	Not applicable
Is your Club/Soc using you are using an external venue for hosting a DCU event? If yes have you notified Clubs & Socs or DCU Sports &	No

Wellbeing so as <b>DCU's Public liability insurance</b> can be extended to this venue if required?	
Is your Club/Soc planning to host a major event on or off campus this year? If yes have you notified the Clubs & Socs or DCU Sports & Wellbeing so as <b>DCU's Public liability insurance</b> can be reviewed?	No
Does your club/soc have the appropriate <b>Equipment Insurance</b> to protect your equipment in the event of fire and theft? If yes please provide details.	Not applicable
Are you planning any <b>foreign trips</b> ? If so provide details of travel Insurance you have in place for this trip.	No
Do your <b>Coaches/Instructors</b> have their own Professional Indemnity Insurance? If yes please attach a copy.	Not applicable

<b>TRAINING &amp; COMPETENCIES</b>	<b>Information</b>
Have your committee members attended the DCU Event Management/ Health & Safety Workshop and the Incident Management workshop? Please indicate name(s) of Officers who attended.	No
Please indicate if your committee and coaches have held a briefing session on training, instruction and health and safety applicable to their activity/facility.	No
Please indicate the names and qualifications of coaches/instructors and indicate whether relevant certificates verifying qualifications and insurance has been received.	Not applicable
Please list any competency tests for new / existing members conducted by the club/society. This could be in the form of an induction, accreditation, course or test.	Not applicable

<b>EQUIPMENT</b>	<b>Information</b>
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<b>Types Of Equipment:</b> Indicate the various types/categories of equipment that the club uses and/or submit an equipment log.	Not applicable
<b>Usage of Equipment:</b> indicate how members are trained as necessary in the safe use of all equipment supplied to them	Not applicable
<b>Equipment Log:</b> who is responsible for maintaining a register of equipment that includes purchase dates, price etc	Not applicable
<b>Checking Equipment before use:</b> Is equipment subject to a visual or written inspection for defects before use? Who is responsible?	Not applicable
<b>Storing Equipment,</b> detail how and where equipment is stored, and/or transported.	Not applicable
<b>Maintenance of Equipment as per manufacturers or NGB guidelines:</b> State the name of the Officers with responsibility for equipment maintenance and regular safety checks.	Not applicable
<b>Damaged/Unwanted equipment/Disposal of equipment:</b> State your policy for damaged or unsafe equipment and disposal of old equipment.	Not applicable
<b>Hire of Equipment:</b> Do you plan to hire equipment for use on campus where there is a high potential risk of an injury/accident? If so provide details. Note: Permission must be obtained from the Estates Office and the Health and Safety Office and/or a permit to work issued. Form is available at <a href="http://www.dcu.ie/estates/contractors.shtml">www.dcu.ie/estates/contractors.shtml</a>	Not applicable
<b>Loaning Equipment:</b> Please outline your policy on loaning equipment to club members; please include details of club officer responsible for overseeing policy; records of loaned equipment; criteria for borrowing equipment, etc.	Not applicable

FIRST AID	Information
High Risk Sports clubs must have at least one occupationally trained first aider. Please indicate if you are amongst this list and if you have a nominated first aider(s). List of High Risk Sports clubs is available from Keeping it Safe guidelines at <a href="http://www.dcu.ie/sports-wellbeing">www.dcu.ie/sports-wellbeing</a>	Not a member of High Risk Sports clubs. No nominated first aider(s).

Please indicate the committee members that have attended the Casualty Management workshop held each October.	Document prepared before Casualty Management workshop.
If you are involved in an adventure sport you must have at least one member trained in Rescue and Emergency Care (REC). Indicate the names of the trained members and if they hold a REC 2 or REC 3.	Not applicable
Does your club/soc have designated Athletic Therapy & Training students? If so please state names and a summary of when they provide services.	No
Please indicate the committee member that is responsible for ensuring that the club has a fully stocked first aid kit. Please note First Aid supplies are fully funded by the CLC/SLC. Please contact Clubs & Socs or DCU Sports & Wellbeing for first aid supplies.	Not applicable
List your COVID Officers	Patrick Loftus
Indicate the committee members who will complete the DCU Injury/Incident Report Form for accidents and near-misses available at <a href="https://www.dcu.ie/safety/incident_near_report_form.shtml">https://www.dcu.ie/safety/incident_near_report_form.shtml</a>	Society Secretary (to be elected)
If you are hosting a major event First Aid Provision must be must be arranged. Please provide details of provision for events if applicable.	Not applicable

<b>RISK ASSESSMENT</b>	<b>Information</b>
Are Risk Assessments undertaken for all club/soc activities? If Yes please list the date of last risk assessment and please attach a copy (see template at end of this document)	No, risk assessments are prepared annually. Last risk assessment prepared 22/08/2021.
Are Risk Assessments recorded and regularly reviewed? Please indicate how often risk assessments are reviewed.	Risk assessments recorded and reviewed on an annual basis.
Please indicate which committee member is responsible for carrying out risk assessments for regular/new/once off club/society activity.	Patrick Loftus
Are Dynamic Risk Assessments carried out for trips and events and recorded? (see guidance at the end of this document)	No
<b>CLUB/SOCIETY SPECIFIC HEALTH &amp; SAFETY INFORMATION</b>	<b>Information</b>

Clubs/Societies should include any other area related to Health and Safety for their activity that requires action (e.g. National Governing Body or organisations Safety Code etc)	Not applicable
<b>H&amp;S CONCERNS PROCEDURE</b>	<b>Information</b>
Please detail your procedures for members to identify concerns regarding Health and Safety during activities.	Members can contact committee members in person or via email to raise concerns, or contact the society directly via the society email.

<b>TRIPS Checklist</b>	<b>Information</b> <i>You are advised to do a trip specific risk assessment / checklist for all individual trips</i>
<b>Trip Leaders:</b> do leaders have the necessary knowledge, experience and qualifications, where appropriate to lead a trip	N/A NO TRIPS PLANNED
<b>Insurance:</b> Is all appropriate travel insurance for the group in place?	Yes
<b>Risk Assessment:</b> for all activities should be undertaken and all possible control measures put in place	
<b>Dynamic Risk Assessment:</b> on the day of the activity should be undertaken and should consider the local environment, weather, leaders, opposition level etc (see guidance at the end of this document)	
<b>Safezone App:</b> Have you identified and set up the Safezone App? To find out more about setting up and using the app check the instructions at <a href="https://www.dcu.ie/ocoo/safezoneatdcu.shtml">https://www.dcu.ie/ocoo/safezoneatdcu.shtml</a>	Yes
<b>Contingency Plans:</b> for reasonably foreseeable emergencies should be made.	
<b>Beginners/Novice to Leader ratios:</b> Ensure that this ratio is appropriate for the trip in question.	
<b>Itinerary:</b> A full trip itinerary should be prepared and circulated to all members.	
<b>Travel:</b> How the party will move between the relevant locations and who will be driving the vehicles.	

<b>Trip Membership &amp; Activity form:</b> detailing date of the event, location, accommodation, transport, and the names and ID numbers of students participating in the trip. The trip Leader must ensure that 1 copy of this form is given to Siobhan Byrne, Clubs & Societies Finance Officer and 1 copy is taken on the trip.	
<b>Social:</b> You should advise your members on the following: <ul style="list-style-type: none"> <li>• Where parties can safely go and when</li> <li>• What behaviour is acceptable</li> <li>• A minimum number of people in a group</li> </ul>	
<b>Equipment:</b> This needs to be in proper working order and should be frequently checked throughout the trip	
<b>First Aid:</b> You should ensure you have the appropriate first aiders available and the correct First Aid equipment and an accident reporting procedure.	

EMERGENCY PROCEDURE	Information
<p>Please detail your Clubs/Socs procedures to be followed in an emergency. For tips see 'Keeping it Safe' available at <a href="https://sites.google.com/dcu.ie/dcublubsocsoperationsmanual20/keeping-it-safe">https://sites.google.com/dcu.ie/dcublubsocsoperationsmanual20/keeping-it-safe</a></p> <p>An Emergency procedure for your club/soc is listed below. Please provide details of how this is communicated to your members and also any additional actions that your club/soc does in an emergency</p>	<p><b>Emergency Procedure</b></p> <p>For all the planning and preparation, there still exists the possibility of emergencies occurring. All Accident and Incidents must be reported via the online report form on the DCU Health and Safety Website or via the DCU Accidents Report Form sent to the DCU Health &amp; Safety Office.</p> <p>In the event of an emergency, please follow carefully the guidelines as detailed below</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Stop and think. Assess the situation. Stay calm.</li> <li><input type="checkbox"/> Ensure that the group is safe and accounted for.</li> <li><input type="checkbox"/> Are there any hazards present that may affect the group?</li> <li><input type="checkbox"/> Attend any casualties if it is safe to do so.</li> <li><input type="checkbox"/> Give first aid within the groups capabilities.</li> <li><input type="checkbox"/> Get expert help if required.</li> <li><input type="checkbox"/> Get/ give any third party/ witness/insurance details if necessary.</li> <li><input type="checkbox"/> Gather the information required by the Emergency Services:</li> </ul>

Commented [PH2]:



	<ul style="list-style-type: none"> <li><input type="checkbox"/> Name(s) of group members</li> <li><input type="checkbox"/> Number of people injured</li> <li><input type="checkbox"/> Locations of group members</li> <li><input type="checkbox"/> Medical condition of group.</li> <li><input type="checkbox"/> First Aid given</li> <li><input type="checkbox"/> Age(s) of group members</li> <li><input type="checkbox"/> Time of accident</li> <li><input type="checkbox"/> Equipment available to group</li> <li><input type="checkbox"/> Co-operate fully with the Emergency Services.</li> <li><input type="checkbox"/> Someone from the group accompany casualties to hospital.</li> <li><input type="checkbox"/> <b>In the event of a serious accident/incident contact DCU Security on 700-5999 (available 24 hours).</b></li> <li><input type="checkbox"/> Refer all media contact to the DCU Contact person and give no comment.</li> </ul>
<b>CHILD PROTECTION POLICY</b>	<b>Information</b>
Have you members under the age of 18? If so your coach must complete a 'Volunteer/Coach Application form for those with substantial access to children', available at <a href="http://www.dcu.ie/sports-wellbeing">www.dcu.ie/sports-wellbeing</a>	Yes. No club coaches -not a sporting society.
Where members are under the age of 18 their parents should complete the 'Application form for new junior members', available at <a href="http://www.dcu.ie/sports-wellbeing">www.dcu.ie/sports-wellbeing</a>	N/A
Are you aware of the Sports Ireland guidance on developing good practice for safeguarding children, through their 'Code of Ethics and Good Practice for Children's Sport in Ireland, available at <a href="https://www.sportireland.ie/Participation/Code_of_Ethics/">https://www.sportireland.ie/Participation/Code_of_Ethics/</a>	N/A
Are you aware of your NGB information or recommendations in relation to good practice for safeguarding children?	N/A
Are you aware of the DCU child protection policy 'Keeping Children Safe, Policies and Procedures supporting Child Protection at DCU available at <a href="http://www.dcu.ie/equality/crc.shtml">www.dcu.ie/equality/crc.shtml</a>	Yes

<b>Garda Vetting:</b> Have your coaches undertaken Garda Vetting by DCU? The DCU Garda Vetting policy and forms are available at <a href="http://www.dcu.ie/hr/Garda-Vetting-DCU.shtml">www.dcu.ie/hr/Garda-Vetting-DCU.shtml</a>	N/A
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<b>GUIDELINES FOR BEHAVIOUR</b>	<b>Information</b>
Please list guidelines for behaviour that club adheres to. These can be formal University, Facility or Club rules and regulations The following University documents may be useful: DCU Alcohol Policy, <a href="https://www.dcu.ie/students/az/alcohol-policy">https://www.dcu.ie/students/az/alcohol-policy</a>  DCU Respect & Dignity Policy, <a href="http://www.dcu.ie/equality/dcu_policies.shtml">www.dcu.ie/equality/dcu_policies.shtml</a>  Student Sport Ireland Guidelines for Hosting an Intervarsity event, <a href="http://www.studentsport.ie/wp-content/uploads/2011/09/SSI-GUIDELINES-FOR-HOSTING-AN-INTERCOLLEGIATE-EVENT-2014-2015.pdf">www.studentsport.ie/wp-content/uploads/2011/09/SSI-GUIDELINES-FOR-HOSTING-AN-INTERCOLLEGIATE-EVENT-2014-2015.pdf</a>	Members must adhere to the university code of conduct at all events. Members must also adhere strictly to the society Covid protocols circulated to all members via email at the beginning of the college semester.

<b>DISCIPLINARY PROCEDURE</b>	<b>Information</b>
Please detail how you will deal with breaches of the code of conduct.	Continued breach of code of conduct and covid protocols may result in the removal or refusal of admission of offending members from society events in the interest of the health and safety of all other attendees.

<b>CLUB OFFICERS</b>	<b>Information</b>
Provide a summary of Officers roles and responsibilities, highlighting those specifically relating to health and safety. Who members should contact etc. For guidance see the Clubs & Socs Handbook at <a href="http://www.dcu.ie/sports-wellbeing">www.dcu.ie/sports-wellbeing</a>	Covid-19 officer – main duties include the implementation of all society, university and government Covid 19 protocols/restrictions, to keep records of all attendance at in person events to allow for contact tracing, to act as a point of contact between members and the society committee regarding all queries surrounding Covid-19.

	All committee members act as a point of contact for all society members to communicate health and safety concerns and request that they are discussed at any upon coming committee meetings.
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## Code of Safe Practice Action list



**Club/Society: DCU Science and Health Society**

**Date: 23/08/2021**

AREA	ACTION Required (if any)	Lead Person	Target Date
CLUB DETAILS & RESOURCES			
INSURANCE			
TRAINING & COMPETENCIES			
EQUIPMENT			
FIRST AID			
TRIPS			
RISK ASSESSMENT	Risk assessment to be reviewed and updated to remain up to date with all current university and government Covid-19 regulations	Patrick Loftus	When required

<b>EMERGENCY PROCEDURE</b>			
<b>CHILD PROTECTION POLICY</b>			
<b>GUIDELINES FOR BEHAVIOUR</b>	<b>All Covid protocols must be reviewed and updated to remain in line with current governments and university Covid-19 regulation</b>	<b>Patrick Loftus</b>	<b>When required</b>
<b>COMPLAINTS PROCEDURE</b>			
<b>DISCIPLINARY PROCEDURE</b>			
<b>CLUB OFFICERS</b>			
<b>OTHER</b>			
<b>OTHER</b>			
<b>OTHER</b>			

## DCU Science and Health Society Risk Assessment

Author: Patrick Loftus

Society: DCU Science and Health Society

Author: Patrick Loftus

Date: 22/08/2021

Groups Affected: Staff, Students, Visitors/Public

*Outline of hazards associated with club/society activities and measures the club/society takes or will take to minimize risk of injury to members or third parties*

<b>Hazard / Activity</b> <i>with potential to cause injury</i>	<b>Controls Already in Place</b> <i>(what actions /procedures are you already doing to minimize possibility of injury)</i>	<b>Risk Category</b> <b>(High/Medium/Low)</b> <i>(considering the actions / procedures you already have in place)</i>	<b>Further Controls Being Implemented To Reduce Risk</b> <i>(eg First Aid / area to be inspected prior to start Require equipment test certs etc)</i>	<b>Date to be Completed</b> <i>Online Management System Roll Over</i>
Spread of Covid-19 infection due to a lack of preparation upon resumption of in-person events.	DCU Science and Health society has constructed a detailed document regarding all necessary protocols to be followed by the committee and all society members. A Covid-19 coordinator has been assigned by the society committee to ensure the adhesion by all society members to both government, university, and society Covid-19 protocols. All necessary documents containing Covid-19 protocols are	Low		

	to be circulated to all society members via email at the beginning of the college semester.			
Spread of Covid-19 due to attendance of members infected with Covid-19.	All society members must prebook attendance at events clock in attendance at events to allow for a contact tracing record for events to be collected by the society Covid-19 Coordinator. Before attending any events, all participants must submit a health screening questionnaire to the Covid-19 Coordinator. Based on the given questionnaire participants will be advised whether they are permitted to attend the given event.	Low		
Spread of Covid-19 due to inadequate PPE usage and following of social distancing practices.	In accordance with University and Society Covid protocols, all members must bring and use their own adequate face covering to be allowed admission to events. All events are to be organised with the maximum occupancy of the given menu in mind to allow for social distancing. Events may be organised online if no adequate venue is available.	Low		

	As stated in the society Covid 19 protocols, any member not adhering to social distancing, face covering, and sanitisation Society protocols will be removed from events by the society Covid coordinator in the interest of others health and safety.			
Spread of Covid-19 by members leaving events.	As communicated to members in the Society Covid protocols, the following of the appropriate social distancing measures and use of face coverings is a required protocol for attending events, and failure to follow this measure faces the same treatment (as outline in the Covid protocols) as the breach of other Covid safety measures. All members must make a record of their departure from the event venue with the Covid Coordinator to allow for contact tracing.	Low		
Out of date Covid-19 protocols.	It is the covid-19 coordinators responsibility to stay up to date with both government and university Covid-19 advice to ensure all protocols are up to date.	Low	Covid-19 documents to be reviewed and updated when necessary.	At any date when required.

General Emergency - Fire	All students are to continue to follow all university guidelines for evacuation upon the sounding of a fire alarm. Once members return to a safe environment, they are to resume the following of Covid-19 protocols.	Low		
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For guidance and more information please refer to <https://sites.google.com/dcu.ie/dcclubssocoperationsmanual20/risk-assessment>

## Dynamic Risk Assessment – on the day / by the hour!


### Outdoor Activities

### Trip Away / Night Out

<b>P</b>	<b>Previous weather and/or water conditions</b> Ground conditions (wet / dry / frozen / flooded / landslide etc) Wind / storm etc (could wind etc have caused damage – powerlines, trees etc) River/Sea conditions (Flood, abnormally low etc)	<b>Previous knowledge of country/city/area</b> Culture / traditions / local customs / behavioural norms / acceptable dress / emergency services contact details etc
<b>L</b>	<b>Local knowledge</b> Particularly dangerous river sections/walk sections / cliffs / areas / local weather conditions	<b>Local knowledge (personal safety)</b> Unsafe areas, clubs/pubs/ getting help/ what to look out for / public transport options etc
<b>O</b>	<b>Observation</b> What is currently happening? – raining/snowing/ thunder clouds/ hot sun. Remain alert for changing conditions – be prepared to change plans/curtail activities based on changing conditions	<b>Observation</b> Stay alert – keep an eye on unfolding events. At least two people (Club/Society Officers) should remain sober and alert when on a trip/night out.
	<b>Weather Forecast</b>	<b>Watch Out</b>



<b>W</b>	Get area specific forecast – usually v accurate – weather may arrive a little earlier/later than forecast.	for someone becoming detached from group / wandering off / getting into arguments etc
<b>D</b>	<b>Doubt</b> IF IN DOUBT- DON'T GO OUT! – have a BACK UP Plan (even if it is only card games in the local club/pub!)	<b>Doubt</b> IF IN DOUBT- GET THEM OUT! – have a BACK UP Plan (even if it is taxis home / back to accommodation)

Document Name	Clubs and Societies Health and Safety Handbook	
Version Reference	4.0	
Document Owner	OSL/DCU Clubs and Societies	
Approved By	OSL/ Sports & Wellbeing Office	
Date	27 <sup>th</sup> June 2019	
Review Date	27 <sup>th</sup> June 2019	