

# COVID-19 Statement: DCU RCC

## Guidelines

As a club DCU Rock Climbing Club will be following the COVID-19 guidelines provided by Mountaineering Ireland and DCU. These can be found on our DCU Clubs and Socs page. Any updates to these procedures will be communicated to members when they occur.

## COVID-19 Coordinators

There are four committee members who have been trained to manage and organise all aspects of the COVID-19 procedure response. This is to ensure that all the club can run as safely as possible and are the first point of contact within the club for issues relating to COVID-19.

## Training

Due to the current guidelines and to ensure that everyone stays healthy, training will operate to a lesser capacity and in strict adherence with the guidelines. Members will be informed of the guidelines before training, when they arrive and will be reminded throughout training, with the use of posters and COVID-19 officers being present.

### -Social Distancing

All members that attend training will be required follow social distancing guidelines. There will be reduced numbers of members at training so social distancing can be maintained.

### -Face Coverings

Face coverings must be worn when at training in line with government and DCU guidelines.

### -Minor Hall Capacity

The Minor Hall in DCU sports complex will continue to host training sessions. Based on the guidelines from Mountaineering Ireland and DCU there will be room for 15 people in the hall at once. Due to the limit on people in the hall, training will work on a time slot basis so that as many members get to participate in climbing as possible while still adhering to the guidelines. The entering and exiting of the hall after time slots will be managed so that social distancing is followed. There will be one door for entering and one door for exiting the hall.

To ensure proper ventilation within the hall both doors will remain open throughout training.

Due to lack of space, members will be required to arrive at training ready to climb. They will also be advised to bring as few bags and extra gear as possible to ensure that the hall isn't cluttered with baggage. Bags must stay within the allocated area that will be marked off in the hall.

### -Cleaning

Hand sanitisers will be readily available at training and members will be encouraged to maintain good hand hygiene by using hand sanitiser before climbing on the wall and after.

Any surfaces that may be used by members during training will be sanitised before and during training by COVID-19 Coordinators.

Climbing holds cannot be cleaned during training. The NGB recommends liquid chalk and regular hand sanitising when climbing on an indoor wall.

Any shoes borrowed from the club gear will be sanitised with a spray after each use. Harnesses will not be used as they cannot be properly sanitised without affecting the material, and hence potentially damaging them. All other equipment will be sanitised before and after use.

## Attendance and Contact Tracing

Attendance will be taken at each training session. Members must supply their name, student number, phone number and time of entry and exit when they attend training. This information will allow contact tracing to occur in the case of a member becoming ill.

Members are required to fill out a health form upon signing up for the club. If any a member is showing symptoms or doesn't meet the government guidelines, they should not attend training. If a member tests positive for COVID-19 and had been at training within 14 days, they should contact the COVID-19 officer.

## Risks

Even though all guidelines and restrictions will be enforced we cannot guarantee that members will not be infected by COVID-19 if they attend training. It is each individual's responsibility to stick to the guidelines and stop the spread COVID-19.