

DCU Yoga COVID-19 Protocol

There is one dedicated COVID-19 coordinator appointed and he has the necessary training. A suspected case of COVID-19 is one where a person becomes unwell with COVID-19 symptoms (the most common being a high temperature above 38 degrees Celsius, a dry cough, and shortness of breath), or the person is identified as a close contact. During a yoga class, if there is a suspected case of COVID-19, all committee members are aware of the necessary procedure to follow. This procedure is outlined below:

1. If someone is identified as a suspected COVID-19 case during a society activity, the COVID-19 coordinator is notified immediately. Everyone must keep a minimum of 2 metres from the suspected case at all times.
2. The COVID-19 coordinator assesses the suspected case and determines if the individual can immediately be directed to go home, call their doctor and continue self-isolation at home.
3. If the suspected case needs or requests an ambulance, the COVID-19 coordinator isolates the area, calls the ambulance advising of suspect COVID-19 case, stays with the patient (or calls for DCU First Aid Response on 5999) (at least 2m away) and comforts them until the ambulance attends.
4. If the suspected case does not require an ambulance and cannot return home independently or without using public transport (while maintaining 2 metre distance), the unwell individual should be directed to the campus designated isolation area (see below) and advised to call their doctor, outlining their current symptoms. On route, advice should be given to the unwell individual to cover their mouth and nose with a disposable tissue or surgical mask if available.

The following spaces are designated isolation rooms for staff and students:

- Glasnevin Campus: Student Health Centre, Henry Grattan Building
 - St Patrick's Campus: Student Health Centre, Block A
 - All Hallows Campus: PG08, Purcell House.
5. The society COVID-19 coordinator should notify the society chairperson who should subsequently notify the Chief Operations Officer (COO).
 6. The Society COVID-19 Coordinator should make available to the COO, records kept regarding Direct Contact to identify people who have been in contact with the individual. If COVID-19 positive is confirmed, the HSE may advise direct contacts on any actions or precautions that should be taken.

The Society is aware of the DCU procedure for prompt identification and isolation of anyone in their activities who may have symptoms of COVID-19.

The role of the COVID-19 Coordinator is to:

- Log members taking part in activities in a manner which is GDPR compliant
- To inform our members of the purpose of the log and ensure total compliance
- Provide necessary facilities and protocols to isolate potential cases
- Provide up to date information on the latest Government advice to members
- Provide advice and support to anyone who develops symptoms of COVID-19
- Encourage people to use hand sanitizer before entering rooms
- Encourage people to wear masks
- Enforce social distancing