

DCU Feminist Society COVID-19 Protocol 2021 / 2022

Purpose

This document details the procedures and protocols that the Dublin City University Feminist Society will implement to manage and reduce the risks of COVID-19 to society members while engaging in society activities.

It includes information on the following:

- COVID-19 Guidelines
- COVID Coordinators & Committee Responsibility
- Members Responsibilities
- Procedure on how to deal with a Suspected Case of COVID-19 (DCU guidelines)
- Before Attending Femsoc Events
- Participant Health Screening Questionnaire
- Attending Femsoc Events
- Social Distancing Guidelines
- Attendance Records
- After Femsoc Events
- Equipment Cleaning and Disinfecting
- Review of Protocols & Procedures

COVID-19 Guidelines

The present protocol complies with the following COVID-19 guidelines and the Femsoc Committee will ensure that the protocol is updated should these guidelines change:

- Governments Resilience and Recovery 2020-2021: Plan for Living with COVID-19,

<https://www.gov.ie/en/campaigns/resilience-recovery-2020-2021-plan-for-living-with-covid-19/>

- Dublin City University Clubs & Societies COVID Guidelines available at

<https://sites.google.com/dcu.ie/dcclubsocsoperationsmanual20/home>

Femsoc COVID Coordinators & Committee Responsibility

The following members, are the designated COVID Coordinators responsible for ensuring compliance with DCU Femsoc's COVID-19 protocols:

- Colette Murphy (Chairperson)
- Nina Zumbrunn (Vice Chairperson)
- Aoife Graham (Events Officer)

The COVID Coordinators have completed the Sport Ireland COVID-19 eLearning Course available at www.sportireland.ie/covid19/course. The role description of the COVID Coordinator(s) is available at <https://sites.google.com/dcu.ie/dcuclubssocoperationsmanual20/clubs-covid-19-return-to-play>.

The other members of the Femsoc Committee will support the COVID-19 Coordinators and are also responsible for the following:

- ♣ Ensure all appropriate COVID-19 Safety Protocols, Risk Assessments and forms are completed and updated as required.
- ♣ Keep updated with all new government, health authority, DCU and National Governing Body of Sport guidelines on COVID-19.

Members Responsibilities

All members of DCU Femsoc will be informed of the DCU COVID-19 Protocols Procedures and are advised to complete the Sport Ireland COVID-19 eLearning Course available at www.sportireland.ie/covid19/course.

Moreover, members are reminded about latest COVID-19 guidelines (i.e., wearing a mask, social distancing, symptoms etc.) when the event is advertised to them.

Procedure on how to deal with a Suspected Case of COVID-19*

Note: This is a DCU procedure

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When responding to a suspect case, there are number of actions that may need to be taken.

1) If someone becomes unwell during a DCU Femsoc event with symptoms such as cough, fever, difficulty breathing, keep at least 2 metres away from the symptomatic person and also make sure that others maintain a distance of at least 2 metres from the symptomatic person at all times. Contact the Club COVID-19 Coordinator(s).

2) The Club COVID-19 Coordinator should initially assess whether the unwell individual can immediately be directed to go home, call their doctor and continue self-isolation at home.

3) Where the individual needs or requests an ambulance, isolate the area, call the ambulance advising of suspect COVID-19 case, stay with the patient (or call for First Aid Response on 5999) (at least 2m away) and comfort them until the ambulance attends.

4) Where the person does not require an ambulance and cannot return home independently or without using public transport (while maintaining 2 metre distance), the unwell individual should be directed to the campus designated isolation area (see below) and advised to call their doctor, outlining their current symptoms. On route, advice should be given to the unwell individual to cover their mouth and nose with a disposable tissue or surgical mask if available. The following spaces are designated isolation rooms for staff

and students:

- Glasnevin Campus - Student Health Centre, Henry Grattan Building - St Patrick's Campus - Student Health Centre, Block A - All Hallows Campus - PG08, Purcell House.

5) The COVID-19 Coordinator should notify management who should subsequently notify the Chief Operations Officer (COO).

6) The COVID-19 Coordinator should make available to the COO, records kept regarding Direct Contact to identify people who have been in contact with the individual. If COVID-19 positive is confirmed, the HSE may advise direct contacts on any actions or precautions that should be taken.

Before Attending a DCU Femsoc Event

The club has implemented the following procedures for members before attending club events.

Participant Health Screening Questionnaire

All members will complete the Participant Health Screening Questionnaire at least 3 days in advance of a DCU Femsoc event.

- Only one form must be submitted prior to returning to play OR The form must be completed by the member in advance of each event if the NGB stipulates this as part of its COVID-19 procedures.
- The questionnaire will be electronic version.

- It is each society member's responsibility to notify the COVID Coordinator or the Femsoc Committee if their health questionnaire has changed, and they must not participate in DCU sports club activity.

Members must stay home if they:

- Display flu-like symptoms or are feeling unwell
- Have been in close contact with someone with COVID-19 in the last 14 days
- Have been overseas and are asked to quarantine by the Irish Government

Members must:

- Check with their GP prior to attending a Femsoc Event if they are in a high-risk health category
- Inform themselves about the latest Government / DCU Covid-19 regulations and how Femsoc DCU implements them
- Ensure that Femsoc has up-to-date contact details

Attending a DCU Femsoc Event

Members are advised to:

- Arrive and leave as close as possible to when the event starts / ends
- Use of bicycles, private domestic vehicles or walking to an event is preferred. In the case of private domestic vehicles, members should travel alone or at maximum travel with one other passenger who should adhere to social distancing guidelines
- Complete the COVID-19 health screening questionnaire prior to the event
- No parents / guardians / people not signed up to the event should attend DCU Femsoc events
- Bring a small bottle of hand sanitizer and wear a face mask

Social Distancing Guidelines

- Members must refrain from handshakes, high fives, hugs and any other close physical contact
- Members must try to keep 2 metres away from other members as much as possible
- Food and drinks will not be shared
- Members are advised to wash hands frequently with soap and water or hand-sanitiser, before and after eating, after going to the toilet, sneezing and coughing

- Avoid touching your face
- Avoid unnecessary spitting or cleaning of airways
- Keep distance from people who are obviously sick
- Try not to touch any surfaces, but if you do sanitize your hands as soon as possible

Attendance Records

The DCU Feminist Society will set up and maintain attendance records listing attendees name and contact phone number, and the dates and times they attended events. This is for contact tracing purposes. The society will keep a record of who attends which events for a period no less than 3 months. Attendance records will be used to initiate contact tracing if there is a confirmed case in the society. Attendance records will be paper based/electronic and the DCU Chairperson and Vice Chairperson as well as the DCU Events officer is responsible for maintaining attendance records.

When Training Finishes

- Once an event has finished members should leave the facilities promptly.
- Hands should be washed and sanitized as soon as possible.
- Ensure equipment is cleaned thoroughly after use.
- If a member becomes unwell after an event, they should first contact their GP and read the HSE guidelines and then inform DCU Femsoc. The society will then follow advice provided to them by the HSE on the next steps.
- Members should be encouraged to remind other members of the guidelines, in a gentle way, when they witness poor practices.
- Repeated poor practice should be reported to the society as soon as possible.
- Wearing of a mask or face covering is mandatory

Equipment Cleaning and Disinfecting

The society will provide hand sanitizing supplies for members, and members are also advised to bring their own hand sanitizing supplies.

First Aid kits will also be stocked with 2 x face masks, 2 x pairs of gloves and a bottle of hand sanitiser, in addition to the HSA First Aid Kits requirements for up to 25 people.

Review of Protocols & Procedures

Club Committees should meet with the Club COVID Coordinator(s) to review the implementation and compliance with the protocols. Clubs should also ensure that the protocols are updated as necessary as the Government, National Governing Body of Sport and/or DCU guidelines change.