

Mental Health Society – Return to Play Protocol

Return to Play Protocol

The mental health society has one designated COVID officer [Aisling Fulham] who has completed the Sport Ireland COVID-19 course. Each member of the committee has been accordingly notified on how a positive case of COVID-19 within our society should be dealt with. As a society we have identified the risks we may encounter during our event/activities and members of the committee have been made aware of the best practices to avoid these risks. Members are aware that in order to keep on top of contact tracing their name, phone number and email address will be required when attending any of our in-person events for the coming year. As the Mental Health Society has no governing body, we will be following the protocols and procedures set out by DCU.

Identification and Isolation of Suspected Cases

The society are aware of the procedures to be undertaken should we encounter an individual with a positive COVID-19 case. Society members will be made aware of the isolation rooms on all three campuses;

- **DCU Glasnevin;** Student Health Centre – Henry Grattan Building
Phone; 017005143/5766
- **St. Pat’s campus;** Student Health Centre – Block A
Phone; 017009215
- **All Hallows campus;** Purcell House – Room PG08
Phone; no health centre on All Hallows campus, students are advised to contact GLA

When/if procedures change the relevant members will be informed of these changes.

Members of the committee have been provided with the relevant information to aid them in supporting and advising individuals with positive cases of COVID-19. Any member of the society; committee or otherwise, who displays symptoms or has a positive case of COVID-19 will not be permitted to return to events/activities until 14 post their diagnosis.

COVID-19 Prevention and Control Measures

Members of the society must fill out a form stating;

- whether they have had any COVID-19 symptoms in the previous 14 days
- whether or not they have been advised to self-isolate
- they are not awaiting results of a COVID-19 test
- they must state whether they are asymptomatic
- whether they have been in contact with high-risk/infected individuals
- whether they have sought or received any medical advise in regards to COVID-19 in the past 14 days

Our in person events will have a maximum of 10 attendees (excluding committee members).

Any equipment used should be cleaned with disinfectant before and after every event. Confectionary (food/drink) is not permitted to be shared. Event attendees will be required to wash/sanitize their hands before entering the event.

Training and Induction

Each committee member has been advised to complete the Sports Ireland COVID-19 course. Our society has a nominated COVID-19 officer.

Members have been made aware of social distancing protocols (of no less than 2 meters), along with good coughing and sneezing etiquette.

Members have been advised that if they feel like they may be developing symptoms of COVID-19 to refrain from attending events/activities until they have tested negative or the 14 day isolation period has ended.

Members have been made aware of isolation spaces on all three campuses, if they feel as though they or another member of the society may need to use them.

Essential Protocol Features

During our in-person events, any unnecessary space will be closed off for use. Members will be required to maintain their presence in the space provided in order to keep the other environments clean.

During our events we will provide members with sanitation spaces. Handshakes/hugging will not be permitted during our events in order to keep the possibility of transmission as acute as possible.

If member are using the bathrooms, we would advise that only two people will be allowed at once in order to maintain social distancing.

During events we will provide bins for the disposal of tissues and other materials – these bins will be emptied and the contents properly disposed of in order to prevent any contamination in the space around us.