



Covid-19 'Return to Training' Risk Assessment Document for DCU BOXING.

The dark Green section of this Risk Assessment is to be completed by the clubs committee. The club should assign responsibility to an officer/s within their club, outline what actions are being taken by the club to mitigate risk and then outline what current level of risk is (L-Low, M-Medium or H-High) based off the actions they have taken.

Please Note: This document is a template and not exhaustive. It can be adjusted to add specific items that have not been covered.

Hazard	Likelihood of Risk happening L-M-H	Risk	Responsibility	Possible Actions taken by the club to mitigate the risk	Action taken by Club to mitigate risk	Likelihood of Risk After Action L-M-H
Club Committee						
Covid 19 Training	High	Ensuring all training is completed	Committee	<i>All members must train In Covid training -Communicated to all club members a designated person/s for the club who is to act as the point of contact in the case of an illness e.g. Chairperson -Appoint a Covid-19 Officer/s (IMPORTANT: Confidentiality relating to an individual's health is dealt with explicitly)</i>	<i>Training link issued</i>	<i>Low</i>

No Mechanism for staggered training times	High	<ul style="list-style-type: none"> Increased risk of face-to-face contact with members leading to risk of transmission of the virus 		<p><i>-Training sessions to be divided into different age groups. Persons under the age of 18 should only train with other athletes under the age of 18.</i></p> <p><i>-Time gap of 30 minutes between sessions starting/ending</i></p>		
No Record Keeping maintained of attendance	High	<ul style="list-style-type: none"> Lack of tracing ability if no records are kept Possibility of 'Cluster' and no knowledge of participants 		<p><i>-A digital log MUST be kept in the club to trace who is present in the club on a given night containing Name and Mobile Number</i></p>		
Incorrect contact information for members	High	<ul style="list-style-type: none"> Communication on how public health guidelines are implemented might not be given to members 		<p><i>-Review contact details for members</i></p> <p><i>-Ensure all members are communicated with on the guidelines and protocols</i></p>		
Lack of Feedback taken from Boxers/Members	High	<ul style="list-style-type: none"> No feedback on any potential issues around the implementation of the guidelines 		<p><i>-Print off name and contact details of the Covid-19 officer/s and displayed in boxing club</i></p>		
Club Access						
As per DCU Guidlines all training facilities are cleaned each day	Low	All training areas are cleaned by DCU				

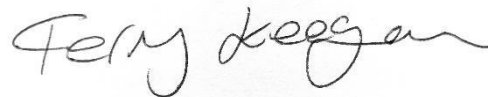
Arrival Procedure						
As per DCU Guidelines	Low	Temp checking in place				
Boxers showing up to train without previously contacting the club	High	<ul style="list-style-type: none"> ▪ Boxers showing up at the club unnecessarily ▪ Increased volume of people present making physical-distancing difficult 		<ul style="list-style-type: none"> -Ensuring all members contact details are correct -It must be made clear what the 'arrival to training' procedure is -Communicate clear training times set for sessions divided into appropriate age groups with adequate time allocated for groups leaving/arriving 		
Boxers travelling in groups to the Boxing club	High	<ul style="list-style-type: none"> ▪ Unable to maintain physical distancing ▪ Increased risk of transmission of Covid-19 ▪ Possible difficulty in tracing any additional persons 		<ul style="list-style-type: none"> -Boxers from different households must not travel together -Boxers should adhere to Public Health Travel restrictions -Car Parking should be kept to a space apart where possible <ul style="list-style-type: none"> -If not possible, boxers should remain in the car until people in the car beside them have exited 		

				<i>safely and maintain physical distancing</i>		
Boxers arriving at the hall in groups	High	<ul style="list-style-type: none"> ▪ Unable to maintain physical distancing ▪ Increased risk of transmission of Covid-19 		<i>-Club has a process whereby there is a time gap between safe entry and exit of the Boxing club</i> <i>-Communication with all members on the protocols for safe-entry and exit from the club</i> <i>-Poster/signs in the club to promote these protocols</i>		
Members unsure on entry/exit process to/from a Boxing club	High	<ul style="list-style-type: none"> ▪ Risk of acting outside of Public Health Guidelines ▪ Increased risk of transmission of Covid-19 		<i>-2 Metre Markers should be in place in the facility</i> <i>-Payment of subs/membership/any other applicable fees should be contactless where possible or where cash is exchanged, it should be conducted in a fashion where social distancing guidelines are adhered to at all times</i>		
Club Facilities						
Communal Equipment	High	Boxers using the same equipment	Equipment Manager	<i>All communal gloves, head gear etc. sold to individuals.</i>	<i>No boxer can share equipment</i>	<i>Low</i>
Bag use	High	Boxers using the same bag	Equipment Manager	<i>Only one boxer per bag,</i>	<i>All boxers only use one heavy bag. Bag is sterilized before</i>	<i>Low</i>

					<i>leaving the station</i>	
During Training						
Only 6 boxers per room	High	Too many boxers in the club	Head Coach	<i>Only 6 boxers per session</i>	<i>Stagger start times to facilitate</i>	<i>Low</i>
Members using equipment inappropriately	High	<ul style="list-style-type: none"> ▪ Increased risk of transmission of Covid-19 		<p><i>-Boxers should not share gloves, hand-wraps, skipping ropes, water bottles or towels/clothing (for more information on equipment please see the additional guidance for clubs document)</i></p> <p><i>-Members are recommended to bring their own hand sanitiser</i></p>		
Coaching Sessions	High	<ul style="list-style-type: none"> ▪ Increased risk of transmission of Covid-19 due to physical distancing guidelines not being adhered to 		<p><i>-Boxer and coaches to abide by physical distancing guidelines as per the applicable government medical advice</i></p> <p><i>-Coaching sessions should be logged by the club</i></p> <p><i>-Coaches should limit equipment being used</i></p> <p><i>-Any coaching equipment used should only be touched by the coach</i></p>		

				-Coaching sessions should only be conducted with affiliated IABA Members	
Hygiene/Sanitation Issues	High	<ul style="list-style-type: none"> Increased risk of transmission of Covid-19 		-Clubs should have hand sanitiser available in club -Anti-bacterial spray and disinfectant should be available for cleaning at the end of training	
End of Training					
DCU Guidelines	Low				

This Risk Assessment document has been discussed and completed by *DCU Boxing Club* on 07/09/2021



Signed:

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Role: *Covid Officer*

Date: 07/09/2021