

The following protocols will be followed by DCUAC during the academic year starting 05/10/2020.

#### Training

- Pods & Coaching
  - Members will be assigned pods at the beginning of the semester, every effort will be made to keep these pods consistent until the end of the semester. This will be based on a survey sent to new and existing members to ask which sessions they will be able to attend. We will aim to group people together in the same sessions as they will be more likely to attend together.
  - Pods will contain a maximum of 6 people (tbc due to restrictions on total numbers in the hall).
  - Members who are new to the sport in 2020 will be assigned to pods together with one pod member being an advanced archer who will provide their beginner training for 5 weeks.
  - Coaches will not be part of any pod and will float between pods to provide guidance from a distance of 2m.
  - Masks will be worn at all times by anyone not on the shooting line
- Registration for Session ([form](#))
  - Members will complete a form in order to attend each training.
  - This will ask for their name, pod, chosen training session, and a COVID-19 screening test.
    - This test will be based on those created by the HSE and mirror the Health Questionnaire provided by DCU Sport.
  - Form entries will be deleted 30 days after submission
- Training Entry Checklist
  - Members must be wearing a mask on entry to the hall.
  - Members must make their attendance known to a committee member.
  - Members must sanitise their hands on entry and exit to the hall, before touching any equipment.
- Distancing
  - Shooting places will be marked out at a distance of 2m.
  - Pod members will line up behind the shooting pod member between slots.
  - Coaches will keep a 2m distance from all members at all times.
- Equipment Handling
  - Club equipment will be divided into bundles and assigned to pods equally as needed during training sessions. Equipment will not change pods between training sessions.
  - Equipment which could be used during a training session is as follows:
    - Bows (Shared)
    - Arrows (Shared)
    - Finger tabs (Individual)
    - Armguards (Individual)
    - Chest guards (Individual)
    - Quivers (Shared)
    - Target faces (Shared)
    - Target pins (Shared)
  - Equipment will be sanitised by pod members, using appropriate cleaning agents, during “takedown” at the end of the training session.

- Return to sport of an athlete with a known or suspected case of COVID-19
  - Athletes experiencing COVID-19 symptoms will be advised to self-isolate for the recommended 10 days and contact their GP to arrange a test.
    - The athlete will not be permitted to train with DCU Archery Club during this period.
  - Students may return to training once they have been symptom free for 10 days.

#### Transport and Accommodation for Events

- Transport
  - Coach capacity will be reduced by 50%.
  - Masks must be worn by all athletes at all times when on transport going to or returning from a competition.
  - No two athletes will be permitted to sit beside each other while on transport, unless those two athletes are in close contact outside of club training times.
- Accommodation
  - If overnight accommodation is required for athletes attending a competition, athletes will be assigned rooms and informed who they will be sharing with with due notice in advance of the stay.
  - The Club will endeavour to ensure that only pod members are sharing rooms with each other but this may not be possible in all circumstances.

#### Communication

- All communication will be done through emails directly to members' provided addresses.
- New Protocols
  - Members will be notified via email if any new protocols are adopted.
- Advice if experiencing symptoms
  - Members will be contacted via email if they give any concerning answer in the COVID-19 screening test prior to training. This contact will contain the latest government advice on what to do if experiencing symptoms, coming into contact with a confirmed case, etc.