

SAMPLE DCU Sports Clubs COVID-19 Return to Play (RTP) RISK ASSESSMENT

Prepared by:

Andrew McEvoy

Date: (dd/mm/yyyy) 14/09/2020

DCU Sports Club: DCU MMA Club

Review date:

Groups affected: Staff Student Visitor/Public Contractor Coaching Staff First Aid/ATT

Refer to risk matrix tab at bottom of page

Hazards	Is the Hazard present? Y/N	What is the risk?	Controls - Controls in place to reduce risks	Is the control in place? Y/N	Likelihood	Severity	Risk Rating (L x S)		Control measure(s) to be put in place	By whom	By date
							L	M/H			
Virus transmission due to lack of coordinated approach to management of RTP	Y	Uncontrolled RTP increasing risk of virus transmission	A clear structure has been put in place to manage COVID-19 RTP processes in the sports club	Y	1	4	4	M	Social Distancing where possible. Pod system in place to reduce number physical interactions of members.	Daniel McHugh	
			A Club COVID-19 Coordinator(s) has been appointed with consideration given to club size, activity and training arrangements	Y						Daniel McHugh	
			A deputy Club COVID-19 Coordinator(s) has been appointed for each team/club to ensure back up in the event of illness	Y						Daniel McHugh	
			Clear communication with the club committee and members on the role and duties of the COVID-19 Coordinator	Y						Daniel McHugh	
			Training arrangements have been developed to ensure members have been trained before returning to play on any new procedures	Y					Members will be informed of procedures in place before being allowed to begin training.	Daniel McHugh	
Potential Virus transmission due to infected members RTP	Y	Members return to play with the infection	C-19 Health Declaration forms have been distributed and returned	Y	4	0	L	Members are to be asked before each training session on their condition and will have temperature checked before entering.	Daniel McHugh		
			Specific individual member assessment been undertaken for those who have a self-declared health condition which could increase their risk profile.	Y							
			Members are advised on procedure to follow if they experience any symptoms while at home i.e. do not attend training/matches, notify Club COVID-19 Coordinator.	Y							
Communication of information for public health, NGB and DCU information.	Y		Provide COVID-19 Induction training to all members before they return to the training, using the COVID-19 Return to Sport Course at https://www.sportireland.ie/covid19/course	Y	4	0	L				
			Regularly review all relevant documents and communicate the updated information as it arises from various sources.	Y							
Potential virus transmission while travelling to training/matches	Y	Increased risk of infection while sharing spaces	If feasible, member have been advised to travel alone to training and use their own transport.	Y	4	0					

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		Members should arrive at training and matches ready to play					L				
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	DCU MMA		Members using public transport should comply with guidelines on safe use and where feasible consider using alternatives e.g. cycling, walking to work etc. Use of face coverings is advised when using public transport.	Y				L		Review date:	
Lack of adequate Physical Distancing causing virus transmission between participants	Staff - Stud Y	Transmission of virus causing ill health	Limit the number of players at training sessions as per NGB guidelines	Y	Refer to risk matrix tab at page	4	0	L	Pod system to be used. Maximum of 6 per pod to comply with guidelines.	Daniel McHugh	
			Spectators are not permitted to watch training	Y							
			Individuals administering first aid must wear PPE and follow strict hygiene protocols.	Y							
			Meetings to be done remotely where possible and face to face meetings must adhere to social distancing guidelines.	Y					Meetings can be conducted over video call/voice call.		
Balls and Sports Equipment	Y	Increased risk of infection while using balls and sports equipment	Limit the number of persons using the same equipment	Y	4	0	L	Safety mats to be used.			
			Develop cleaning and sanitation procedures and clean equipment before and after each use.	Y				Mats to be cleaned before and after each use.			
Psychological well being		Health and well-being of members is impacted by changed circumstances	Regular communication is in place (individual and group) to ensure members are kept informed about policies and procedures for returning to play safely and how to raise any concerns they may have.	Y	4	0	L				
			CLC to hold regular informal discussions with the clubs and look at ways to reduce causes of stress.	N							
			Members who are in vulnerable groups themselves or caring for others are encouraged to contact the club committee/Coach/CLC/Staff to discuss their support needs	N							
			Members are made aware of supportive mechanisms available to them (e.g. counselling, health promotion campaigns, Medical Centre, etc.)	Y							
Emergency response - fire alarm activation	Y	Social distancing not applied during emergency situations increasing risk of overlap of staff and community transmission	The Evacuation response plan has been reviewed and communicated - what to do in the event of a fire alarm activation in order to maintain social distancing	Y	4	0	L				

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		and community transmission				4	0	L			

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			Assembly points - members are advised to that general location of assembly point has been maintained but they must maintain social distancing around general assembly point	Y						
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