

SAMPLE DCU Sports Clubs COVID-19 Return to Play (RTP) RISK ASSESSMENT

DCU Sports Club: DCU Sub-Aqua Club

Prepared by: Samira Issartel & Christopher English

Date: 13/08/2020

Review date:

Groups affected: Staff Student Visitor/Public Contractor Coaching Staff First Aid/ATT

Refer to risk matrix tab at bottom of page

Hazards	Is the Hazard present? Y/N	What is the risk?	Controls - Controls in place to reduce risks	Is the control in place? Y/N	Likelihood	Severity	Risk Rating (L x S)	L/M/H	Control measure(s) to be put in place	By whom	By date
Virus transmission due to lack of coordinated approach to management of RTP	Y	Uncontrolled RTP increasing risk of virus transmission	A clear structure has been put in place to manage COVID-19 RTP processes in the sports club	Y	1	4	4	M	The DCU SAC Proccol Development file has been developed and outlines the different aspects of returning to club activities following guidelines set out by DCU Sports, Sports Ireland and following guidelines from the Diving NGB Irish Underwater Council (IUC).	Diving Officer, D.O.D, COVID-19 Officer(s)	
			A Club COVID-19 Coordinator(s) has been appointed with consideration given to club size, activity and training arrangements	Y					A COVID-19 officer(s) has been appointed. In addition to the COVID 19 Coordinator/Officer, any dive leaders have completed the Sport Ireland COVID-19 Awareness eLearning Course.		
			A deputy Club COVID-19 Coordinator(s) has been appointed for each team/club to ensure back up in the event of illness	Y					Please see above - Any dive leaders who might be in charge of a group members during diving activities have been appointed as COVID-19 deputy/coordinator		
			Clear communication with the club committee and members on the role and duties of the COVID-19 Coordinator	Y					The role of the COVID-19 Coordinator is outlined and described in the DCU Return to Play Protocols_COVID19_FINAL.PDF and has been communicated to members		
			Training arrangements have been developed to ensure members have been trained before returning to play on any new procedures	Y					Training arrangements are similar to any club diving activities. Instructors are updated on training standards set by IUC.		
Potential Virus transmission due to infected members RTP	Y	Members return to play with the infection	C-19 Health Declaration forms have been distributed and returned	Y	1	4	4	M	File will be distributed and returned once diving activities are about to resume / Questionnaire made available to all members attending diving day		
			Specific individual member assessment been undertaken for those who have a self-declared health condition which could increase their risk profile.	Y					All of those health conditions have been already assessed by the medical diving officer of the NGB prior to any diving activities		

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			Members are advised on procedure to follow if they experience any symptoms while at home i.e. do not attend training/matches, notify Club COVID-19 Coordinator.	Y					Inform COVID-19 officer, DO and DOD	Club member	
Communication of Information for public health, NGB and DCU information.	Y		Provide COVID-19 Induction training to all members before they return to the training, using the COVID-19 Return to Sport Course at https://www.sportireland.ie/covid19/course	Y	1	4	4	M	COVID-19 officer and all diving leaders have completed Sport Ireland COVID-19 Awareness eLearning Course	DO, DOD, COVID19 officer	Prior to resume all diving activities
			Regularly review all relevant documents and communicate the updated information as it arises from various sources.	Y					Guidelines set out by the NGB are updated continuously and all members are informed of updates via an E-zine		
Potential virus transmission while travelling to training/matches	Y	Increased risk of infection while sharing spaces	If feasible, member have been advised to travel alone to training and use their own transport.	Y	2	4	8	M	Yes when possible		
			Members should arrive at training and matches ready to play	Y					Members are asked to come with gear pre-assembled.		
			Members using public transport should comply with guidelines on safe use and where feasible consider using alternatives e.g. cycling, walking to work etc. Use of face coverings is advised when using public transport.	N					Due to the amount of equipment required for diving activities, public transport is not an option for our activities.		
Lack of adequate Physical Distancing causing virus transmission between participants	Y	Transmission of virus causing ill health	Limit the number of players at training sessions as per NGB guidelines	Y	1	4	4	M	Following pool guidelines (DCU pool and Coolok Pool) and NGB guidelines		
			Spectators are not permitted to watch training	Y					We do not allow spectators at training, Sub-Aqua does not lend itself to spectators.		
			Individuals administering first aid must wear PPE and follow strict hygiene protocols.	Y					First Aid equipment is present at all events and additional equipment supplied by DCU. Updated protocols have been issued by IUC.		

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			Meetings to be done remotely were possible and face to face meetings must adhere to social distancing guidelines.	Y					Committee meetings and training courses have been adapted to online delivery, face-to-face workshops have been delivered in the open air with SD.		
Balls and Sports Equipment	Y	Increased risk of infection while using balls and sports equipment	Limit the number of persons using the same equipment	Y	2	4	8	M	No sharing of any personal equipment with others i.e. masks, regulators etc. unless absolutely necessary in case of a diving emergency / All frequently touched surfaced on shared equipments (Compressor, boat...) should be sanitised frequently / Regulators and other relevant shared equipment are to be soaked in a sanitising solution for 15 min before the start of and at the end of each diving day. In our 40ft club container, we have a max capacity of 3 people and on our boat we will have a max capacity in line with either 2m or 1m distancing as per government guidelines.	Any club members	Anytime shared equipment is to be used
			Develop cleaning and sanitation procedures and clean equipment before and after each use.	Y					Cleaning procedures found in Folder	Equipment officer	
Psychological well being	Y	Health and well-being of members is impacted by changed circumstances	Regular communication is in place (individual and group) to ensure members are kept informed about policies and procedures for returning to play safely and how to raise any concerns they may have.	Y	1	4	4	M	As per national, DCU safety guideleines		As required
			CLC to hold regular informal discussions with the clubs and and look at ways to reduce causes of stress.	N							
			Members who are in vulnerable groups themselves or caring for others are encouraged to contact the club committee/Coach/CLC/Staff to discuss their support needs	Y					Any concerns are to be communicated to COVID-19 officer/DOD/DO		When necessary

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			Members are made aware of supportive mechanisms available to them (e.g. counselling, health promotion campaigns, Medical Centre, etc.)	Y					All DCU Sub-Aqua Club members have been informed via email of the supportive mechanisms available		
Emergency response - fire alarm activation	Y	Social distancing not applied during emergency situations increasing risk of overlap of staff and community transmission	The Evacuation response plan has been reviewed and communicated - what to do in the event of a fire alarm activation in order to maintain social distancing	N					Mostly outdoor but if training in indoors, we will comply with the pool guidelines.		
			Assembly points - members are advised that general location of assembly point has been maintained but they must maintain social distancing around general assembly point	Y	1	4	4	M	Assembly and evacuation points are identified at the beginning of activities in the dive/pool briefing		