# DCU Gymnastics and Trampoline Club Constitution 2023/2024 (Updated)

# 1. Aims and objectives

- a) To allow all members to develop their skills in gymnastics and/or trampolining.
- b) To provide a safe training environment for all members.
- c) To compete at national and international competitions.

### 2. Members

- a) Membership of the society shall be open to all students, staff and graduates of the college.
- b) Membership is also open to external students from other college's that do not have their own gymnastics and/or trampoline club.
  - *I.* For external students to join the club they must first contact the club captain/ co-captain and must explain their reason for seeking to join the club.
  - II. The committee must decide whether to allow each external student to join on a case-bycase basis.
- c) Membership shall be obtained by paying the appropriate fee as set out by the CLC.
  - *I.* Graduate membership fee shall be not less than the ordinary membership fee set out by the CLC and no more than 10 times the ordinary membership fee. This shall be decided by the committee.
  - *II.* External membership fee shall be not less than the ordinary membership fee set out by the CLC and no more than 10 times the ordinary III. Graduate and external membership fees do not have to be the same.
- d) Membership subsists for the duration of the academic year.
- e) All members must abide by the rules set out by this constitution.

### 3. Committee

- a) The committee will consist of 3 senior positions
  - Captain/ Co-Captains whereby both parties agree to this
  - Secretary
  - Treasurer

And up to a maximum of 7 regular positions to be decided on by the outgoing committee. Usually consisting of a number of the following positions.

- PRO
- Events and entertainment
- Health and Safety Officer
- 1st year rep
- Ordinary Members x3
- b) All members of the Committee shall ordinarily be elected at the AGM or an EGM where appropriate. The incoming Committee shall take office at close of the AGM and shall hold office until close of the following AGM.
- c) Generally, all positions shall be filled at the AGM.

- d) Vacancies in the Committee positions arising from resignation, dismissal or position not been taken up at the AGM, shall be filled as appropriate by the committee until an EGM can be convened to elect another member to the position.
- e) If an EGM passes a valid motion calling for the resignation of any Committee member, they shall be deemed to have resigned. The committee member must have been given two prior warnings for unsatisfactory performance on the committee.
- f) A committee member may resign after giving two weeks' notice to the committee.
- g) Quorum for a Committee meeting shall be 2/3 of the entire committee including at least one Senior Officer
- h) Committee meetings shall occur no more frequently than one per week and no less frequently than once a month.
- i) Motions at meetings shall be decided by consensus and will be deemed to have passed if there are no more than 2 major objections.
- j) Ordinary members of the club may attend Committee meetings at the invitation of the Committee but will have no voting powers at the meeting.
- k) A position may only be held for two years by the same member.

### 4. Officers

- a) The duties of the Captain/ Co-Captains are:
  - To chair and convene meetings of the Committee and General Meetings, or to designate this duty to another senior committee member in the event of an unavoidable absence.
  - To ensure that the business of the Club is run fairly and in accordance with the constitution.
  - To delegate tasks to other committee and club members.
  - To liaise with the CLC and other internal college organizations.
- b) The duties of the Secretary are:
  - To prepare the Agenda for Committee and General Meetings
  - To record minutes of all Meetings of the Club and its Committee
  - To undertake all correspondence of the Club as directed by the chairperson and Committee
  - To keep all records, other than financial, of the Club and make such records available to the committee and the club members.
  - To give due notice of all Meetings of the Club and its Committee
  - To respond appropriately to communications from other bodies, both international and domestic.
- c) The duties of the Treasurer are:
  - To maintain record of the membership.
  - To ensure proper maintenance of the Club's accounts.
  - To record all transactions in sufficient detail to prepare accounts for auditing.
  - To provide a full financial report including a balance sheet, income and expenditure accounts which shall be made available for inspection to all members at the AGM.
  - Oversight of all Club bank accounts and chequebooks.
- d) The duties of non-senior committee members will be determined prior to election at a committee meeting and a record of which shall be kept by the secretary.

### 5. Voting

- a) All members of the club are entitled to vote on motions at an AGM or EGM.
- b) Voting for committee positions shall take place as a secret ballot.
- c) Each person will have one non-transferable vote. There shall be no voting by proxy or postal voting.

- d) Votes shall be determined by simple majority. The Chairperson shall have the casting vote where necessary.
- e) Votes will be counted by one senior committee member one regular committee member and one regular member of the club.

# 6. General Meetings

- a) There shall be an Annual General Meeting held each calendar year. The gap between Annual General Meetings shall be no less than eleven months and no more than thirteen months.
- b) Notice of any General Meeting shall be given to all members at least a week in advance of said Meeting.
- c) The business of the Annual General Meeting shall be:
  - Confirmation of the minutes of the previous Annual General Meeting
  - Report of the Chairperson
  - Presentation of the Accounts and report of the Treasurer
  - Motions and Amendments
  - Election of Officers and Committee members
- d) Motions for discussion at meetings must be proposed at least seven days in advance for inclusion in the Agenda. The Agenda shall be circulated by the Secretary a minimum of three days in advance of the Meeting.
- e) Election of Officers and Committee members shall be conducted in the following order:
  - Captain
  - Secretary
  - Treasurer
  - Then the rest of the positions (bar 1st year rep) in no particular order
- f) 1st year rep is elected at an EGM at an appropriate time after club's and society's day.
- g) Nominations may be proposed by any member and must be seconded by another member. Unopposed nominees shall be decided by a yes or no vote.

### 7. Governing Bodies

a) The Club recognises Gymnastics Ireland (G.I.) as the governing body for gymnastics and trampolining in Ireland and the Federation Internationale de Gymnatique (F.I.G.) as the international governing body for gymnastics and trampolining.

### 8. Amendments to the constitution

a) The articles of this Constitution may not be amended except by a motion duly proposed and seconded at an Annual or Extraordinary General Meeting. Such a motion shall require a 3/4 majority for passage.