## **DCU Ladies Rugby**

DCU ladies rugby is a girl's college rugby team. We have been very successful in the past number of years having won the Kay Bowen intervarsities competition two years in a row and reaching the All Ireland final 3 years in a row, twice being successful. We also pride ourselves on being DCU's club of the year 18/19.

We are known for our top class coaches and players alongside a great social life and bond with many social nights planned throughout the year. We train in St Claire's pitch every Monday 6-8. Our matches are usually Wednesdays.

We also have a club team which partakes in the Division 1 Women's Leinster League. This team trains every Tuesday and Thursday 7-9 with matches scattered around Leinster on Sundays.

We are very active on all social media channels.

Instagram: @dcu\_lrc

Facebook: DCU Ladies Rugby Club

Twitter: @DCU\_LRC